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| --- | --- | --- | --- | --- | --- | --- |
|  | January 2024 | | | | | |
| Ilford, England, United Kingdom | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 8:05 AM  Sunset: 3:59 PM  Daylight: 7 hours and 54 minutes. | Sunrise: 8:05 AM  Sunset: 4:00 PM  Daylight: 7 hours and 55 minutes. | Sunrise: 8:05 AM  Sunset: 4:02 PM  Daylight: 7 hours and 56 minutes. | Sunrise: 8:05 AM  Sunset: 4:03 PM  Daylight: 7 hours and 57 minutes. | Sunrise: 8:05 AM  Sunset: 4:04 PM  Daylight: 7 hours and 59 minutes. | Sunrise: 8:04 AM  Sunset: 4:05 PM  Daylight: 8 hours and 0 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 8:04 AM  Sunset: 4:06 PM  Daylight: 8 hours and 2 minutes. | Sunrise: 8:03 AM  Sunset: 4:08 PM  Daylight: 8 hours and 4 minutes. | Sunrise: 8:03 AM  Sunset: 4:09 PM  Daylight: 8 hours and 5 minutes. | Sunrise: 8:02 AM  Sunset: 4:10 PM  Daylight: 8 hours and 7 minutes. | Sunrise: 8:02 AM  Sunset: 4:12 PM  Daylight: 8 hours and 9 minutes. | Sunrise: 8:01 AM  Sunset: 4:13 PM  Daylight: 8 hours and 11 minutes. | Sunrise: 8:01 AM  Sunset: 4:14 PM  Daylight: 8 hours and 13 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 8:00 AM  Sunset: 4:16 PM  Daylight: 8 hours and 16 minutes. | Sunrise: 7:59 AM  Sunset: 4:17 PM  Daylight: 8 hours and 18 minutes. | Sunrise: 7:58 AM  Sunset: 4:19 PM  Daylight: 8 hours and 20 minutes. | Sunrise: 7:57 AM  Sunset: 4:21 PM  Daylight: 8 hours and 23 minutes. | Sunrise: 7:56 AM  Sunset: 4:22 PM  Daylight: 8 hours and 25 minutes. | Sunrise: 7:55 AM  Sunset: 4:24 PM  Daylight: 8 hours and 28 minutes. | Sunrise: 7:54 AM  Sunset: 4:25 PM  Daylight: 8 hours and 30 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 7:53 AM  Sunset: 4:27 PM  Daylight: 8 hours and 33 minutes. | Sunrise: 7:52 AM  Sunset: 4:29 PM  Daylight: 8 hours and 36 minutes. | Sunrise: 7:51 AM  Sunset: 4:30 PM  Daylight: 8 hours and 39 minutes. | Sunrise: 7:50 AM  Sunset: 4:32 PM  Daylight: 8 hours and 42 minutes. | Sunrise: 7:49 AM  Sunset: 4:34 PM  Daylight: 8 hours and 45 minutes. | Sunrise: 7:47 AM  Sunset: 4:36 PM  Daylight: 8 hours and 48 minutes. | Sunrise: 7:46 AM  Sunset: 4:37 PM  Daylight: 8 hours and 51 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 7:45 AM  Sunset: 4:39 PM  Daylight: 8 hours and 54 minutes. | Sunrise: 7:43 AM  Sunset: 4:41 PM  Daylight: 8 hours and 57 minutes. | Sunrise: 7:42 AM  Sunset: 4:43 PM  Daylight: 9 hours and 0 minutes. | Sunrise: 7:41 AM  Sunset: 4:44 PM  Daylight: 9 hours and 3 minutes. |  |  |  |