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|  | January 2024 | | | | | |
| Pol-e Sefid, Mazandaran, Iran | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 7:08 AM  Sunset: 4:53 PM  Daylight: 9 hours and 44 minutes. | Sunrise: 7:08 AM  Sunset: 4:53 PM  Daylight: 9 hours and 45 minutes. | Sunrise: 7:08 AM  Sunset: 4:54 PM  Daylight: 9 hours and 45 minutes. | Sunrise: 7:09 AM  Sunset: 4:55 PM  Daylight: 9 hours and 46 minutes. | Sunrise: 7:09 AM  Sunset: 4:56 PM  Daylight: 9 hours and 47 minutes. | Sunrise: 7:09 AM  Sunset: 4:57 PM  Daylight: 9 hours and 48 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 7:09 AM  Sunset: 4:58 PM  Daylight: 9 hours and 48 minutes. | Sunrise: 7:09 AM  Sunset: 4:58 PM  Daylight: 9 hours and 49 minutes. | Sunrise: 7:09 AM  Sunset: 4:59 PM  Daylight: 9 hours and 50 minutes. | Sunrise: 7:09 AM  Sunset: 5:00 PM  Daylight: 9 hours and 51 minutes. | Sunrise: 7:08 AM  Sunset: 5:01 PM  Daylight: 9 hours and 52 minutes. | Sunrise: 7:08 AM  Sunset: 5:02 PM  Daylight: 9 hours and 53 minutes. | Sunrise: 7:08 AM  Sunset: 5:03 PM  Daylight: 9 hours and 54 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 7:08 AM  Sunset: 5:04 PM  Daylight: 9 hours and 56 minutes. | Sunrise: 7:08 AM  Sunset: 5:05 PM  Daylight: 9 hours and 57 minutes. | Sunrise: 7:07 AM  Sunset: 5:06 PM  Daylight: 9 hours and 58 minutes. | Sunrise: 7:07 AM  Sunset: 5:07 PM  Daylight: 9 hours and 59 minutes. | Sunrise: 7:07 AM  Sunset: 5:08 PM  Daylight: 10 hours and 1 minute. | Sunrise: 7:06 AM  Sunset: 5:09 PM  Daylight: 10 hours and 2 minutes. | Sunrise: 7:06 AM  Sunset: 5:10 PM  Daylight: 10 hours and 4 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 7:06 AM  Sunset: 5:11 PM  Daylight: 10 hours and 5 minutes. | Sunrise: 7:05 AM  Sunset: 5:12 PM  Daylight: 10 hours and 6 minutes. | Sunrise: 7:05 AM  Sunset: 5:13 PM  Daylight: 10 hours and 8 minutes. | Sunrise: 7:04 AM  Sunset: 5:14 PM  Daylight: 10 hours and 10 minutes. | Sunrise: 7:04 AM  Sunset: 5:15 PM  Daylight: 10 hours and 11 minutes. | Sunrise: 7:03 AM  Sunset: 5:16 PM  Daylight: 10 hours and 13 minutes. | Sunrise: 7:02 AM  Sunset: 5:17 PM  Daylight: 10 hours and 14 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 7:02 AM  Sunset: 5:18 PM  Daylight: 10 hours and 16 minutes. | Sunrise: 7:01 AM  Sunset: 5:19 PM  Daylight: 10 hours and 18 minutes. | Sunrise: 7:00 AM  Sunset: 5:20 PM  Daylight: 10 hours and 20 minutes. | Sunrise: 7:00 AM  Sunset: 5:22 PM  Daylight: 10 hours and 21 minutes. |  |  |  |