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| --- | --- | --- | --- | --- | --- | --- |
|  | January 2024 | | | | | |
| Polmont, Scotland, United Kingdom | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 8:46 AM  Sunset: 3:49 PM  Daylight: 7 hours and 3 minutes. | Sunrise: 8:45 AM  Sunset: 3:50 PM  Daylight: 7 hours and 4 minutes. | Sunrise: 8:45 AM  Sunset: 3:52 PM  Daylight: 7 hours and 6 minutes. | Sunrise: 8:45 AM  Sunset: 3:53 PM  Daylight: 7 hours and 8 minutes. | Sunrise: 8:44 AM  Sunset: 3:54 PM  Daylight: 7 hours and 9 minutes. | Sunrise: 8:44 AM  Sunset: 3:56 PM  Daylight: 7 hours and 11 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 8:43 AM  Sunset: 3:57 PM  Daylight: 7 hours and 13 minutes. | Sunrise: 8:43 AM  Sunset: 3:59 PM  Daylight: 7 hours and 15 minutes. | Sunrise: 8:42 AM  Sunset: 4:00 PM  Daylight: 7 hours and 18 minutes. | Sunrise: 8:41 AM  Sunset: 4:02 PM  Daylight: 7 hours and 20 minutes. | Sunrise: 8:40 AM  Sunset: 4:03 PM  Daylight: 7 hours and 23 minutes. | Sunrise: 8:39 AM  Sunset: 4:05 PM  Daylight: 7 hours and 25 minutes. | Sunrise: 8:39 AM  Sunset: 4:07 PM  Daylight: 7 hours and 28 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 8:38 AM  Sunset: 4:09 PM  Daylight: 7 hours and 31 minutes. | Sunrise: 8:36 AM  Sunset: 4:10 PM  Daylight: 7 hours and 33 minutes. | Sunrise: 8:35 AM  Sunset: 4:12 PM  Daylight: 7 hours and 36 minutes. | Sunrise: 8:34 AM  Sunset: 4:14 PM  Daylight: 7 hours and 39 minutes. | Sunrise: 8:33 AM  Sunset: 4:16 PM  Daylight: 7 hours and 42 minutes. | Sunrise: 8:32 AM  Sunset: 4:18 PM  Daylight: 7 hours and 46 minutes. | Sunrise: 8:30 AM  Sunset: 4:20 PM  Daylight: 7 hours and 49 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 8:29 AM  Sunset: 4:22 PM  Daylight: 7 hours and 52 minutes. | Sunrise: 8:28 AM  Sunset: 4:24 PM  Daylight: 7 hours and 56 minutes. | Sunrise: 8:26 AM  Sunset: 4:26 PM  Daylight: 7 hours and 59 minutes. | Sunrise: 8:25 AM  Sunset: 4:28 PM  Daylight: 8 hours and 3 minutes. | Sunrise: 8:23 AM  Sunset: 4:30 PM  Daylight: 8 hours and 6 minutes. | Sunrise: 8:21 AM  Sunset: 4:32 PM  Daylight: 8 hours and 10 minutes. | Sunrise: 8:20 AM  Sunset: 4:34 PM  Daylight: 8 hours and 14 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 8:18 AM  Sunset: 4:36 PM  Daylight: 8 hours and 18 minutes. | Sunrise: 8:16 AM  Sunset: 4:38 PM  Daylight: 8 hours and 22 minutes. | Sunrise: 8:14 AM  Sunset: 4:40 PM  Daylight: 8 hours and 26 minutes. | Sunrise: 8:13 AM  Sunset: 4:43 PM  Daylight: 8 hours and 29 minutes. |  |  |  |