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|  | January 2024 |
| Ukhta, Russia |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 9:09 AM Sunset: 1:47 PM Daylight: 4 hours and 38 minutes.  | Sunrise: 9:08 AM Sunset: 1:49 PM Daylight: 4 hours and 41 minutes.  | Sunrise: 9:07 AM Sunset: 1:51 PM Daylight: 4 hours and 44 minutes.  | Sunrise: 9:06 AM Sunset: 1:53 PM Daylight: 4 hours and 47 minutes.  | Sunrise: 9:04 AM Sunset: 1:55 PM Daylight: 4 hours and 50 minutes.  | Sunrise: 9:03 AM Sunset: 1:57 PM Daylight: 4 hours and 54 minutes.  |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 9:02 AM Sunset: 1:59 PM Daylight: 4 hours and 57 minutes.  | Sunrise: 9:00 AM Sunset: 2:02 PM Daylight: 5 hours and 1 minute.  | Sunrise: 8:59 AM Sunset: 2:04 PM Daylight: 5 hours and 5 minutes.  | Sunrise: 8:57 AM Sunset: 2:07 PM Daylight: 5 hours and 9 minutes.  | Sunrise: 8:55 AM Sunset: 2:09 PM Daylight: 5 hours and 14 minutes.  | Sunrise: 8:53 AM Sunset: 2:12 PM Daylight: 5 hours and 18 minutes.  | Sunrise: 8:51 AM Sunset: 2:15 PM Daylight: 5 hours and 23 minutes.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 8:49 AM Sunset: 2:18 PM Daylight: 5 hours and 28 minutes.  | Sunrise: 8:47 AM Sunset: 2:20 PM Daylight: 5 hours and 33 minutes.  | Sunrise: 8:45 AM Sunset: 2:23 PM Daylight: 5 hours and 38 minutes.  | Sunrise: 8:43 AM Sunset: 2:26 PM Daylight: 5 hours and 43 minutes.  | Sunrise: 8:41 AM Sunset: 2:29 PM Daylight: 5 hours and 48 minutes.  | Sunrise: 8:38 AM Sunset: 2:32 PM Daylight: 5 hours and 53 minutes.  | Sunrise: 8:36 AM Sunset: 2:35 PM Daylight: 5 hours and 59 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 8:33 AM Sunset: 2:38 PM Daylight: 6 hours and 4 minutes.  | Sunrise: 8:31 AM Sunset: 2:41 PM Daylight: 6 hours and 10 minutes.  | Sunrise: 8:28 AM Sunset: 2:44 PM Daylight: 6 hours and 15 minutes.  | Sunrise: 8:26 AM Sunset: 2:47 PM Daylight: 6 hours and 21 minutes.  | Sunrise: 8:23 AM Sunset: 2:51 PM Daylight: 6 hours and 27 minutes.  | Sunrise: 8:20 AM Sunset: 2:54 PM Daylight: 6 hours and 33 minutes.  | Sunrise: 8:18 AM Sunset: 2:57 PM Daylight: 6 hours and 39 minutes.  |
| 28  | 29  | 30  | 31  |   |   |   |
| Sunrise: 8:15 AM Sunset: 3:00 PM Daylight: 6 hours and 45 minutes.  | Sunrise: 8:12 AM Sunset: 3:03 PM Daylight: 6 hours and 51 minutes.  | Sunrise: 8:09 AM Sunset: 3:06 PM Daylight: 6 hours and 57 minutes.  | Sunrise: 8:06 AM Sunset: 3:10 PM Daylight: 7 hours and 3 minutes.  |     |     |     |