



July 2024

Helena, Oklahoma, United States

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Sunrise: 6:18 AM Sunset: 8:55 PM Daylight: 14 hours and 36 minutes.	2 Sunrise: 6:18 AM Sunset: 8:55 PM Daylight: 14 hours and 36 minutes.	3 Sunrise: 6:19 AM Sunset: 8:55 PM Daylight: 14 hours and 35 minutes.	4 Sunrise: 6:19 AM Sunset: 8:55 PM Daylight: 14 hours and 35 minutes.	5 Sunrise: 6:20 AM Sunset: 8:54 PM Daylight: 14 hours and 34 minutes.	6 Sunrise: 6:21 AM Sunset: 8:54 PM Daylight: 14 hours and 33 minutes.
7 Sunrise: 6:21 AM Sunset: 8:54 PM Daylight: 14 hours and 32 minutes.	8 Sunrise: 6:22 AM Sunset: 8:54 PM Daylight: 14 hours and 32 minutes.	9 Sunrise: 6:22 AM Sunset: 8:53 PM Daylight: 14 hours and 31 minutes.	10 Sunrise: 6:23 AM Sunset: 8:53 PM Daylight: 14 hours and 30 minutes.	11 Sunrise: 6:23 AM Sunset: 8:53 PM Daylight: 14 hours and 29 minutes.	12 Sunrise: 6:24 AM Sunset: 8:52 PM Daylight: 14 hours and 28 minutes.	13 Sunrise: 6:25 AM Sunset: 8:52 PM Daylight: 14 hours and 27 minutes.
14 Sunrise: 6:25 AM Sunset: 8:52 PM Daylight: 14 hours and 26 minutes.	15 Sunrise: 6:26 AM Sunset: 8:51 PM Daylight: 14 hours and 24 minutes.	16 Sunrise: 6:27 AM Sunset: 8:51 PM Daylight: 14 hours and 23 minutes.	17 Sunrise: 6:27 AM Sunset: 8:50 PM Daylight: 14 hours and 22 minutes.	18 Sunrise: 6:28 AM Sunset: 8:50 PM Daylight: 14 hours and 21 minutes.	19 Sunrise: 6:29 AM Sunset: 8:49 PM Daylight: 14 hours and 20 minutes.	20 Sunrise: 6:30 AM Sunset: 8:48 PM Daylight: 14 hours and 18 minutes.
21 Sunrise: 6:30 AM Sunset: 8:48 PM Daylight: 14 hours and 17 minutes.	22 Sunrise: 6:31 AM Sunset: 8:47 PM Daylight: 14 hours and 15 minutes.	23 Sunrise: 6:32 AM Sunset: 8:46 PM Daylight: 14 hours and 14 minutes.	24 Sunrise: 6:33 AM Sunset: 8:46 PM Daylight: 14 hours and 13 minutes.	25 Sunrise: 6:33 AM Sunset: 8:45 PM Daylight: 14 hours and 11 minutes.	26 Sunrise: 6:34 AM Sunset: 8:44 PM Daylight: 14 hours and 9 minutes.	27 Sunrise: 6:35 AM Sunset: 8:43 PM Daylight: 14 hours and 8 minutes.
28 Sunrise: 6:36 AM Sunset: 8:43 PM Daylight: 14 hours and 6 minutes.	29 Sunrise: 6:37 AM Sunset: 8:42 PM Daylight: 14 hours and 5 minutes.	30 Sunrise: 6:37 AM Sunset: 8:41 PM Daylight: 14 hours and 3 minutes.	31 Sunrise: 6:38 AM Sunset: 8:40 PM Daylight: 14 hours and 1 minute.			