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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2024 | | | | | |
| Lovozero, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 12:55 AM  Sunset: 12:37 AM  Daylight: 23 hours and 41 minutes. | Sunrise: 1:17 AM  Sunset: 12:14 AM  Daylight: 22 hours and 56 minutes. | Sunrise: 1:30 AM  Sunset: 12:02 AM  Daylight: 22 hours and 31 minutes. | Sunrise: 1:40 AM  Sunset: 11:52 PM  Daylight: 22 hours and 11 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 1:49 AM  Sunset: 11:43 PM  Daylight: 21 hours and 54 minutes. | Sunrise: 1:56 AM  Sunset: 11:35 PM  Daylight: 21 hours and 38 minutes. | Sunrise: 2:04 AM  Sunset: 11:28 PM  Daylight: 21 hours and 24 minutes. | Sunrise: 2:11 AM  Sunset: 11:21 PM  Daylight: 21 hours and 10 minutes. | Sunrise: 2:17 AM  Sunset: 11:15 PM  Daylight: 20 hours and 58 minutes. | Sunrise: 2:23 AM  Sunset: 11:09 PM  Daylight: 20 hours and 45 minutes. | Sunrise: 2:29 AM  Sunset: 11:03 PM  Daylight: 20 hours and 33 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 2:35 AM  Sunset: 10:57 PM  Daylight: 20 hours and 22 minutes. | Sunrise: 2:40 AM  Sunset: 10:52 PM  Daylight: 20 hours and 11 minutes. | Sunrise: 2:46 AM  Sunset: 10:46 PM  Daylight: 20 hours and 0 minutes. | Sunrise: 2:51 AM  Sunset: 10:41 PM  Daylight: 19 hours and 49 minutes. |  |  |  |