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| --- | --- | --- | --- | --- | --- | --- |
|  | January 2025 | | | | | |
| Avarua, Rarotonga, Cook Islands | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Sunrise: 6:00 AM  Sunset: 7:24 PM  Daylight: 13 hours and 23 minutes. | Sunrise: 6:01 AM  Sunset: 7:24 PM  Daylight: 13 hours and 23 minutes. | Sunrise: 6:01 AM  Sunset: 7:24 PM  Daylight: 13 hours and 23 minutes. | Sunrise: 6:02 AM  Sunset: 7:25 PM  Daylight: 13 hours and 22 minutes. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Sunrise: 6:03 AM  Sunset: 7:25 PM  Daylight: 13 hours and 22 minutes. | Sunrise: 6:03 AM  Sunset: 7:25 PM  Daylight: 13 hours and 21 minutes. | Sunrise: 6:04 AM  Sunset: 7:25 PM  Daylight: 13 hours and 21 minutes. | Sunrise: 6:05 AM  Sunset: 7:26 PM  Daylight: 13 hours and 20 minutes. | Sunrise: 6:05 AM  Sunset: 7:26 PM  Daylight: 13 hours and 20 minutes. | Sunrise: 6:06 AM  Sunset: 7:26 PM  Daylight: 13 hours and 19 minutes. | Sunrise: 6:07 AM  Sunset: 7:26 PM  Daylight: 13 hours and 19 minutes. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Sunrise: 6:07 AM  Sunset: 7:26 PM  Daylight: 13 hours and 18 minutes. | Sunrise: 6:08 AM  Sunset: 7:26 PM  Daylight: 13 hours and 18 minutes. | Sunrise: 6:09 AM  Sunset: 7:26 PM  Daylight: 13 hours and 17 minutes. | Sunrise: 6:10 AM  Sunset: 7:26 PM  Daylight: 13 hours and 16 minutes. | Sunrise: 6:10 AM  Sunset: 7:26 PM  Daylight: 13 hours and 16 minutes. | Sunrise: 6:11 AM  Sunset: 7:26 PM  Daylight: 13 hours and 15 minutes. | Sunrise: 6:12 AM  Sunset: 7:26 PM  Daylight: 13 hours and 14 minutes. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Sunrise: 6:12 AM  Sunset: 7:26 PM  Daylight: 13 hours and 13 minutes. | Sunrise: 6:13 AM  Sunset: 7:26 PM  Daylight: 13 hours and 13 minutes. | Sunrise: 6:14 AM  Sunset: 7:26 PM  Daylight: 13 hours and 12 minutes. | Sunrise: 6:14 AM  Sunset: 7:26 PM  Daylight: 13 hours and 11 minutes. | Sunrise: 6:15 AM  Sunset: 7:26 PM  Daylight: 13 hours and 10 minutes. | Sunrise: 6:16 AM  Sunset: 7:26 PM  Daylight: 13 hours and 9 minutes. | Sunrise: 6:16 AM  Sunset: 7:25 PM  Daylight: 13 hours and 8 minutes. |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| Sunrise: 6:17 AM  Sunset: 7:25 PM  Daylight: 13 hours and 8 minutes. | Sunrise: 6:18 AM  Sunset: 7:25 PM  Daylight: 13 hours and 7 minutes. | Sunrise: 6:18 AM  Sunset: 7:25 PM  Daylight: 13 hours and 6 minutes. | Sunrise: 6:19 AM  Sunset: 7:24 PM  Daylight: 13 hours and 5 minutes. | Sunrise: 6:20 AM  Sunset: 7:24 PM  Daylight: 13 hours and 4 minutes. | Sunrise: 6:20 AM  Sunset: 7:24 PM  Daylight: 13 hours and 3 minutes. |  |