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| --- | --- | --- | --- | --- | --- | --- |
|  | January 2025 | | | | | |
| Helena, Alabama, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  | 1 | 2 | 3 | 4 |
|  |  |  | Sunrise: 6:51 AM  Sunset: 4:50 PM  Daylight: 9 hours and 59 minutes. | Sunrise: 6:51 AM  Sunset: 4:51 PM  Daylight: 10 hours and 0 minutes. | Sunrise: 6:51 AM  Sunset: 4:52 PM  Daylight: 10 hours and 0 minutes. | Sunrise: 6:51 AM  Sunset: 4:52 PM  Daylight: 10 hours and 1 minute. |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Sunrise: 6:51 AM  Sunset: 4:53 PM  Daylight: 10 hours and 1 minute. | Sunrise: 6:51 AM  Sunset: 4:54 PM  Daylight: 10 hours and 2 minutes. | Sunrise: 6:51 AM  Sunset: 4:55 PM  Daylight: 10 hours and 3 minutes. | Sunrise: 6:51 AM  Sunset: 4:56 PM  Daylight: 10 hours and 4 minutes. | Sunrise: 6:51 AM  Sunset: 4:56 PM  Daylight: 10 hours and 5 minutes. | Sunrise: 6:51 AM  Sunset: 4:57 PM  Daylight: 10 hours and 6 minutes. | Sunrise: 6:51 AM  Sunset: 4:58 PM  Daylight: 10 hours and 7 minutes. |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| Sunrise: 6:51 AM  Sunset: 4:59 PM  Daylight: 10 hours and 8 minutes. | Sunrise: 6:51 AM  Sunset: 5:00 PM  Daylight: 10 hours and 9 minutes. | Sunrise: 6:51 AM  Sunset: 5:01 PM  Daylight: 10 hours and 10 minutes. | Sunrise: 6:51 AM  Sunset: 5:02 PM  Daylight: 10 hours and 11 minutes. | Sunrise: 6:50 AM  Sunset: 5:03 PM  Daylight: 10 hours and 12 minutes. | Sunrise: 6:50 AM  Sunset: 5:04 PM  Daylight: 10 hours and 13 minutes. | Sunrise: 6:50 AM  Sunset: 5:05 PM  Daylight: 10 hours and 14 minutes. |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| Sunrise: 6:49 AM  Sunset: 5:06 PM  Daylight: 10 hours and 16 minutes. | Sunrise: 6:49 AM  Sunset: 5:07 PM  Daylight: 10 hours and 17 minutes. | Sunrise: 6:49 AM  Sunset: 5:07 PM  Daylight: 10 hours and 18 minutes. | Sunrise: 6:48 AM  Sunset: 5:08 PM  Daylight: 10 hours and 20 minutes. | Sunrise: 6:48 AM  Sunset: 5:09 PM  Daylight: 10 hours and 21 minutes. | Sunrise: 6:47 AM  Sunset: 5:10 PM  Daylight: 10 hours and 22 minutes. | Sunrise: 6:47 AM  Sunset: 5:11 PM  Daylight: 10 hours and 24 minutes. |
| 26 | 27 | 28 | 29 | 30 | 31 |  |
| Sunrise: 6:46 AM  Sunset: 5:12 PM  Daylight: 10 hours and 25 minutes. | Sunrise: 6:46 AM  Sunset: 5:13 PM  Daylight: 10 hours and 27 minutes. | Sunrise: 6:45 AM  Sunset: 5:14 PM  Daylight: 10 hours and 28 minutes. | Sunrise: 6:45 AM  Sunset: 5:15 PM  Daylight: 10 hours and 30 minutes. | Sunrise: 6:44 AM  Sunset: 5:16 PM  Daylight: 10 hours and 32 minutes. | Sunrise: 6:43 AM  Sunset: 5:17 PM  Daylight: 10 hours and 33 minutes. |  |