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|  | January 2025 |
| Helena, Arkansas, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 7:09 AM Sunset: 5:02 PM Daylight: 9 hours and 53 minutes.  | Sunrise: 7:09 AM Sunset: 5:03 PM Daylight: 9 hours and 53 minutes.  | Sunrise: 7:09 AM Sunset: 5:04 PM Daylight: 9 hours and 54 minutes.  | Sunrise: 7:09 AM Sunset: 5:04 PM Daylight: 9 hours and 55 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 7:09 AM Sunset: 5:05 PM Daylight: 9 hours and 55 minutes.  | Sunrise: 7:09 AM Sunset: 5:06 PM Daylight: 9 hours and 56 minutes.  | Sunrise: 7:09 AM Sunset: 5:07 PM Daylight: 9 hours and 57 minutes.  | Sunrise: 7:09 AM Sunset: 5:08 PM Daylight: 9 hours and 58 minutes.  | Sunrise: 7:09 AM Sunset: 5:09 PM Daylight: 9 hours and 59 minutes.  | Sunrise: 7:09 AM Sunset: 5:09 PM Daylight: 10 hours and 0 minutes.  | Sunrise: 7:09 AM Sunset: 5:10 PM Daylight: 10 hours and 1 minute.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 7:09 AM Sunset: 5:11 PM Daylight: 10 hours and 2 minutes.  | Sunrise: 7:09 AM Sunset: 5:12 PM Daylight: 10 hours and 3 minutes.  | Sunrise: 7:09 AM Sunset: 5:13 PM Daylight: 10 hours and 4 minutes.  | Sunrise: 7:08 AM Sunset: 5:14 PM Daylight: 10 hours and 5 minutes.  | Sunrise: 7:08 AM Sunset: 5:15 PM Daylight: 10 hours and 6 minutes.  | Sunrise: 7:08 AM Sunset: 5:16 PM Daylight: 10 hours and 8 minutes.  | Sunrise: 7:07 AM Sunset: 5:17 PM Daylight: 10 hours and 9 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 7:07 AM Sunset: 5:18 PM Daylight: 10 hours and 10 minutes.  | Sunrise: 7:07 AM Sunset: 5:19 PM Daylight: 10 hours and 12 minutes.  | Sunrise: 7:06 AM Sunset: 5:20 PM Daylight: 10 hours and 13 minutes.  | Sunrise: 7:06 AM Sunset: 5:21 PM Daylight: 10 hours and 14 minutes.  | Sunrise: 7:05 AM Sunset: 5:22 PM Daylight: 10 hours and 16 minutes.  | Sunrise: 7:05 AM Sunset: 5:23 PM Daylight: 10 hours and 17 minutes.  | Sunrise: 7:04 AM Sunset: 5:24 PM Daylight: 10 hours and 19 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 7:04 AM Sunset: 5:25 PM Daylight: 10 hours and 21 minutes.  | Sunrise: 7:03 AM Sunset: 5:26 PM Daylight: 10 hours and 22 minutes.  | Sunrise: 7:03 AM Sunset: 5:27 PM Daylight: 10 hours and 24 minutes.  | Sunrise: 7:02 AM Sunset: 5:28 PM Daylight: 10 hours and 25 minutes.  | Sunrise: 7:01 AM Sunset: 5:29 PM Daylight: 10 hours and 27 minutes.  | Sunrise: 7:01 AM Sunset: 5:30 PM Daylight: 10 hours and 29 minutes.  |     |