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|  | March 2025 |
| Frosta, Trondelag, Norway |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  |  | 1 |
|  |  |  |  |  |  | Sunrise: 7:23 AMSunset: 5:35 PMDaylight: 10 hours and 11 minutes. |
| 2 | 3 | 4 | 5 | 6 | 7 | 8 |
| Sunrise: 7:20 AMSunset: 5:38 PMDaylight: 10 hours and 17 minutes. | Sunrise: 7:16 AMSunset: 5:41 PMDaylight: 10 hours and 24 minutes. | Sunrise: 7:13 AMSunset: 5:44 PMDaylight: 10 hours and 30 minutes. | Sunrise: 7:10 AMSunset: 5:47 PMDaylight: 10 hours and 36 minutes. | Sunrise: 7:06 AMSunset: 5:50 PMDaylight: 10 hours and 43 minutes. | Sunrise: 7:03 AMSunset: 5:52 PMDaylight: 10 hours and 49 minutes. | Sunrise: 6:59 AMSunset: 5:55 PMDaylight: 10 hours and 56 minutes. |
| 9 | 10 | 11 | 12 | 13 | 14 | 15 |
| Sunrise: 6:56 AMSunset: 5:58 PMDaylight: 11 hours and 2 minutes. | Sunrise: 6:52 AMSunset: 6:01 PMDaylight: 11 hours and 8 minutes. | Sunrise: 6:49 AMSunset: 6:04 PMDaylight: 11 hours and 15 minutes. | Sunrise: 6:45 AMSunset: 6:07 PMDaylight: 11 hours and 21 minutes. | Sunrise: 6:42 AMSunset: 6:10 PMDaylight: 11 hours and 28 minutes. | Sunrise: 6:39 AMSunset: 6:13 PMDaylight: 11 hours and 34 minutes. | Sunrise: 6:35 AMSunset: 6:16 PMDaylight: 11 hours and 40 minutes. |
| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| Sunrise: 6:32 AMSunset: 6:19 PMDaylight: 11 hours and 47 minutes. | Sunrise: 6:28 AMSunset: 6:22 PMDaylight: 11 hours and 53 minutes. | Sunrise: 6:25 AMSunset: 6:25 PMDaylight: 11 hours and 59 minutes. | Sunrise: 6:21 AMSunset: 6:27 PMDaylight: 12 hours and 6 minutes. | Sunrise: 6:18 AMSunset: 6:30 PMDaylight: 12 hours and 12 minutes. | Sunrise: 6:14 AMSunset: 6:33 PMDaylight: 12 hours and 19 minutes. | Sunrise: 6:11 AMSunset: 6:36 PMDaylight: 12 hours and 25 minutes. |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| Sunrise: 6:07 AMSunset: 6:39 PMDaylight: 12 hours and 31 minutes. | Sunrise: 6:04 AMSunset: 6:42 PMDaylight: 12 hours and 38 minutes. | Sunrise: 6:00 AMSunset: 6:45 PMDaylight: 12 hours and 44 minutes. | Sunrise: 5:57 AMSunset: 6:48 PMDaylight: 12 hours and 50 minutes. | Sunrise: 5:53 AMSunset: 6:51 PMDaylight: 12 hours and 57 minutes. | Sunrise: 5:50 AMSunset: 6:53 PMDaylight: 13 hours and 3 minutes. | Sunrise: 5:46 AMSunset: 6:56 PMDaylight: 13 hours and 9 minutes. |
| 30 | 31 |  |  |  |  |  |
| Sunrise: 6:43 AMSunset: 7:59 PMDaylight: 13 hours and 16 minutes. | Sunrise: 6:39 AMSunset: 8:02 PMDaylight: 13 hours and 22 minutes. |  |  |  |  |  |