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|  | May 2025 |
| Poland, Maine, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   |   | 1  | 2  | 3  |
|     |     |     |     | Sunrise: 5:33 AM Sunset: 7:44 PM Daylight: 14 hours and 10 minutes.  | Sunrise: 5:31 AM Sunset: 7:45 PM Daylight: 14 hours and 13 minutes.  | Sunrise: 5:30 AM Sunset: 7:46 PM Daylight: 14 hours and 16 minutes.  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10  |
| Sunrise: 5:29 AM Sunset: 7:47 PM Daylight: 14 hours and 18 minutes.  | Sunrise: 5:27 AM Sunset: 7:48 PM Daylight: 14 hours and 21 minutes.  | Sunrise: 5:26 AM Sunset: 7:50 PM Daylight: 14 hours and 23 minutes.  | Sunrise: 5:24 AM Sunset: 7:51 PM Daylight: 14 hours and 26 minutes.  | Sunrise: 5:23 AM Sunset: 7:52 PM Daylight: 14 hours and 28 minutes.  | Sunrise: 5:22 AM Sunset: 7:53 PM Daylight: 14 hours and 31 minutes.  | Sunrise: 5:21 AM Sunset: 7:54 PM Daylight: 14 hours and 33 minutes.  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| Sunrise: 5:19 AM Sunset: 7:55 PM Daylight: 14 hours and 35 minutes.  | Sunrise: 5:18 AM Sunset: 7:57 PM Daylight: 14 hours and 38 minutes.  | Sunrise: 5:17 AM Sunset: 7:58 PM Daylight: 14 hours and 40 minutes.  | Sunrise: 5:16 AM Sunset: 7:59 PM Daylight: 14 hours and 42 minutes.  | Sunrise: 5:15 AM Sunset: 8:00 PM Daylight: 14 hours and 45 minutes.  | Sunrise: 5:14 AM Sunset: 8:01 PM Daylight: 14 hours and 47 minutes.  | Sunrise: 5:13 AM Sunset: 8:02 PM Daylight: 14 hours and 49 minutes.  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| Sunrise: 5:12 AM Sunset: 8:03 PM Daylight: 14 hours and 51 minutes.  | Sunrise: 5:11 AM Sunset: 8:04 PM Daylight: 14 hours and 53 minutes.  | Sunrise: 5:10 AM Sunset: 8:05 PM Daylight: 14 hours and 55 minutes.  | Sunrise: 5:09 AM Sunset: 8:06 PM Daylight: 14 hours and 57 minutes.  | Sunrise: 5:08 AM Sunset: 8:07 PM Daylight: 14 hours and 59 minutes.  | Sunrise: 5:07 AM Sunset: 8:08 PM Daylight: 15 hours and 1 minute.  | Sunrise: 5:06 AM Sunset: 8:09 PM Daylight: 15 hours and 3 minutes.  |
| 25  | 26  | 27  | 28  | 29  | 30  | 31  |
| Sunrise: 5:06 AM Sunset: 8:10 PM Daylight: 15 hours and 4 minutes.  | Sunrise: 5:05 AM Sunset: 8:11 PM Daylight: 15 hours and 6 minutes.  | Sunrise: 5:04 AM Sunset: 8:12 PM Daylight: 15 hours and 8 minutes.  | Sunrise: 5:03 AM Sunset: 8:13 PM Daylight: 15 hours and 9 minutes.  | Sunrise: 5:03 AM Sunset: 8:14 PM Daylight: 15 hours and 11 minutes.  | Sunrise: 5:02 AM Sunset: 8:15 PM Daylight: 15 hours and 12 minutes.  | Sunrise: 5:02 AM Sunset: 8:16 PM Daylight: 15 hours and 14 minutes.  |