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| --- | --- | --- | --- | --- | --- | --- |
|  | May 2025 | | | | | |
| Poland, Maine, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Sunrise: 5:33 AM  Sunset: 7:44 PM  Daylight: 14 hours and 10 minutes. | Sunrise: 5:31 AM  Sunset: 7:45 PM  Daylight: 14 hours and 13 minutes. | Sunrise: 5:30 AM  Sunset: 7:46 PM  Daylight: 14 hours and 16 minutes. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sunrise: 5:29 AM  Sunset: 7:47 PM  Daylight: 14 hours and 18 minutes. | Sunrise: 5:27 AM  Sunset: 7:48 PM  Daylight: 14 hours and 21 minutes. | Sunrise: 5:26 AM  Sunset: 7:50 PM  Daylight: 14 hours and 23 minutes. | Sunrise: 5:24 AM  Sunset: 7:51 PM  Daylight: 14 hours and 26 minutes. | Sunrise: 5:23 AM  Sunset: 7:52 PM  Daylight: 14 hours and 28 minutes. | Sunrise: 5:22 AM  Sunset: 7:53 PM  Daylight: 14 hours and 31 minutes. | Sunrise: 5:21 AM  Sunset: 7:54 PM  Daylight: 14 hours and 33 minutes. |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Sunrise: 5:19 AM  Sunset: 7:55 PM  Daylight: 14 hours and 35 minutes. | Sunrise: 5:18 AM  Sunset: 7:57 PM  Daylight: 14 hours and 38 minutes. | Sunrise: 5:17 AM  Sunset: 7:58 PM  Daylight: 14 hours and 40 minutes. | Sunrise: 5:16 AM  Sunset: 7:59 PM  Daylight: 14 hours and 42 minutes. | Sunrise: 5:15 AM  Sunset: 8:00 PM  Daylight: 14 hours and 45 minutes. | Sunrise: 5:14 AM  Sunset: 8:01 PM  Daylight: 14 hours and 47 minutes. | Sunrise: 5:13 AM  Sunset: 8:02 PM  Daylight: 14 hours and 49 minutes. |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Sunrise: 5:12 AM  Sunset: 8:03 PM  Daylight: 14 hours and 51 minutes. | Sunrise: 5:11 AM  Sunset: 8:04 PM  Daylight: 14 hours and 53 minutes. | Sunrise: 5:10 AM  Sunset: 8:05 PM  Daylight: 14 hours and 55 minutes. | Sunrise: 5:09 AM  Sunset: 8:06 PM  Daylight: 14 hours and 57 minutes. | Sunrise: 5:08 AM  Sunset: 8:07 PM  Daylight: 14 hours and 59 minutes. | Sunrise: 5:07 AM  Sunset: 8:08 PM  Daylight: 15 hours and 1 minute. | Sunrise: 5:06 AM  Sunset: 8:09 PM  Daylight: 15 hours and 3 minutes. |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Sunrise: 5:06 AM  Sunset: 8:10 PM  Daylight: 15 hours and 4 minutes. | Sunrise: 5:05 AM  Sunset: 8:11 PM  Daylight: 15 hours and 6 minutes. | Sunrise: 5:04 AM  Sunset: 8:12 PM  Daylight: 15 hours and 8 minutes. | Sunrise: 5:03 AM  Sunset: 8:13 PM  Daylight: 15 hours and 9 minutes. | Sunrise: 5:03 AM  Sunset: 8:14 PM  Daylight: 15 hours and 11 minutes. | Sunrise: 5:02 AM  Sunset: 8:15 PM  Daylight: 15 hours and 12 minutes. | Sunrise: 5:02 AM  Sunset: 8:16 PM  Daylight: 15 hours and 14 minutes. |