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|  | May 2025 |
| Polmont, Scotland, United Kingdom |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   |   | 1  | 2  | 3  |
|     |     |     |     | Sunrise: 5:30 AM Sunset: 8:52 PM Daylight: 15 hours and 21 minutes.  | Sunrise: 5:28 AM Sunset: 8:54 PM Daylight: 15 hours and 26 minutes.  | Sunrise: 5:26 AM Sunset: 8:56 PM Daylight: 15 hours and 30 minutes.  |
| 4  | 5  | 6  | 7  | 8  | 9  | 10  |
| Sunrise: 5:24 AM Sunset: 8:58 PM Daylight: 15 hours and 34 minutes.  | Sunrise: 5:22 AM Sunset: 9:00 PM Daylight: 15 hours and 38 minutes.  | Sunrise: 5:19 AM Sunset: 9:02 PM Daylight: 15 hours and 42 minutes.  | Sunrise: 5:17 AM Sunset: 9:04 PM Daylight: 15 hours and 47 minutes.  | Sunrise: 5:15 AM Sunset: 9:06 PM Daylight: 15 hours and 51 minutes.  | Sunrise: 5:13 AM Sunset: 9:08 PM Daylight: 15 hours and 55 minutes.  | Sunrise: 5:11 AM Sunset: 9:10 PM Daylight: 15 hours and 59 minutes.  |
| 11  | 12  | 13  | 14  | 15  | 16  | 17  |
| Sunrise: 5:09 AM Sunset: 9:12 PM Daylight: 16 hours and 3 minutes.  | Sunrise: 5:07 AM Sunset: 9:14 PM Daylight: 16 hours and 6 minutes.  | Sunrise: 5:05 AM Sunset: 9:16 PM Daylight: 16 hours and 10 minutes.  | Sunrise: 5:03 AM Sunset: 9:18 PM Daylight: 16 hours and 14 minutes.  | Sunrise: 5:02 AM Sunset: 9:20 PM Daylight: 16 hours and 18 minutes.  | Sunrise: 5:00 AM Sunset: 9:22 PM Daylight: 16 hours and 22 minutes.  | Sunrise: 4:58 AM Sunset: 9:24 PM Daylight: 16 hours and 25 minutes.  |
| 18  | 19  | 20  | 21  | 22  | 23  | 24  |
| Sunrise: 4:56 AM Sunset: 9:25 PM Daylight: 16 hours and 29 minutes.  | Sunrise: 4:54 AM Sunset: 9:27 PM Daylight: 16 hours and 32 minutes.  | Sunrise: 4:53 AM Sunset: 9:29 PM Daylight: 16 hours and 36 minutes.  | Sunrise: 4:51 AM Sunset: 9:31 PM Daylight: 16 hours and 39 minutes.  | Sunrise: 4:50 AM Sunset: 9:32 PM Daylight: 16 hours and 42 minutes.  | Sunrise: 4:48 AM Sunset: 9:34 PM Daylight: 16 hours and 46 minutes.  | Sunrise: 4:47 AM Sunset: 9:36 PM Daylight: 16 hours and 49 minutes.  |
| 25  | 26  | 27  | 28  | 29  | 30  | 31  |
| Sunrise: 4:45 AM Sunset: 9:37 PM Daylight: 16 hours and 52 minutes.  | Sunrise: 4:44 AM Sunset: 9:39 PM Daylight: 16 hours and 55 minutes.  | Sunrise: 4:42 AM Sunset: 9:41 PM Daylight: 16 hours and 58 minutes.  | Sunrise: 4:41 AM Sunset: 9:42 PM Daylight: 17 hours and 1 minute.  | Sunrise: 4:40 AM Sunset: 9:44 PM Daylight: 17 hours and 3 minutes.  | Sunrise: 4:39 AM Sunset: 9:45 PM Daylight: 17 hours and 6 minutes.  | Sunrise: 4:37 AM Sunset: 9:47 PM Daylight: 17 hours and 9 minutes.  |