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| --- | --- | --- | --- | --- | --- | --- |
|  | May 2025 | | | | | |
| Polmont, Scotland, United Kingdom | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | Sunrise: 5:30 AM  Sunset: 8:52 PM  Daylight: 15 hours and 21 minutes. | Sunrise: 5:28 AM  Sunset: 8:54 PM  Daylight: 15 hours and 26 minutes. | Sunrise: 5:26 AM  Sunset: 8:56 PM  Daylight: 15 hours and 30 minutes. |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Sunrise: 5:24 AM  Sunset: 8:58 PM  Daylight: 15 hours and 34 minutes. | Sunrise: 5:22 AM  Sunset: 9:00 PM  Daylight: 15 hours and 38 minutes. | Sunrise: 5:19 AM  Sunset: 9:02 PM  Daylight: 15 hours and 42 minutes. | Sunrise: 5:17 AM  Sunset: 9:04 PM  Daylight: 15 hours and 47 minutes. | Sunrise: 5:15 AM  Sunset: 9:06 PM  Daylight: 15 hours and 51 minutes. | Sunrise: 5:13 AM  Sunset: 9:08 PM  Daylight: 15 hours and 55 minutes. | Sunrise: 5:11 AM  Sunset: 9:10 PM  Daylight: 15 hours and 59 minutes. |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| Sunrise: 5:09 AM  Sunset: 9:12 PM  Daylight: 16 hours and 3 minutes. | Sunrise: 5:07 AM  Sunset: 9:14 PM  Daylight: 16 hours and 6 minutes. | Sunrise: 5:05 AM  Sunset: 9:16 PM  Daylight: 16 hours and 10 minutes. | Sunrise: 5:03 AM  Sunset: 9:18 PM  Daylight: 16 hours and 14 minutes. | Sunrise: 5:02 AM  Sunset: 9:20 PM  Daylight: 16 hours and 18 minutes. | Sunrise: 5:00 AM  Sunset: 9:22 PM  Daylight: 16 hours and 22 minutes. | Sunrise: 4:58 AM  Sunset: 9:24 PM  Daylight: 16 hours and 25 minutes. |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| Sunrise: 4:56 AM  Sunset: 9:25 PM  Daylight: 16 hours and 29 minutes. | Sunrise: 4:54 AM  Sunset: 9:27 PM  Daylight: 16 hours and 32 minutes. | Sunrise: 4:53 AM  Sunset: 9:29 PM  Daylight: 16 hours and 36 minutes. | Sunrise: 4:51 AM  Sunset: 9:31 PM  Daylight: 16 hours and 39 minutes. | Sunrise: 4:50 AM  Sunset: 9:32 PM  Daylight: 16 hours and 42 minutes. | Sunrise: 4:48 AM  Sunset: 9:34 PM  Daylight: 16 hours and 46 minutes. | Sunrise: 4:47 AM  Sunset: 9:36 PM  Daylight: 16 hours and 49 minutes. |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |
| Sunrise: 4:45 AM  Sunset: 9:37 PM  Daylight: 16 hours and 52 minutes. | Sunrise: 4:44 AM  Sunset: 9:39 PM  Daylight: 16 hours and 55 minutes. | Sunrise: 4:42 AM  Sunset: 9:41 PM  Daylight: 16 hours and 58 minutes. | Sunrise: 4:41 AM  Sunset: 9:42 PM  Daylight: 17 hours and 1 minute. | Sunrise: 4:40 AM  Sunset: 9:44 PM  Daylight: 17 hours and 3 minutes. | Sunrise: 4:39 AM  Sunset: 9:45 PM  Daylight: 17 hours and 6 minutes. | Sunrise: 4:37 AM  Sunset: 9:47 PM  Daylight: 17 hours and 9 minutes. |