|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | June 2025 | | | | | |
| Ilam, Nepal | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| Sunrise: 4:59 AM  Sunset: 6:42 PM  Daylight: 13 hours and 43 minutes. | Sunrise: 4:59 AM  Sunset: 6:43 PM  Daylight: 13 hours and 43 minutes. | Sunrise: 4:59 AM  Sunset: 6:43 PM  Daylight: 13 hours and 44 minutes. | Sunrise: 4:59 AM  Sunset: 6:44 PM  Daylight: 13 hours and 45 minutes. | Sunrise: 4:58 AM  Sunset: 6:44 PM  Daylight: 13 hours and 45 minutes. | Sunrise: 4:58 AM  Sunset: 6:45 PM  Daylight: 13 hours and 46 minutes. | Sunrise: 4:58 AM  Sunset: 6:45 PM  Daylight: 13 hours and 46 minutes. |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| Sunrise: 4:58 AM  Sunset: 6:45 PM  Daylight: 13 hours and 47 minutes. | Sunrise: 4:58 AM  Sunset: 6:46 PM  Daylight: 13 hours and 47 minutes. | Sunrise: 4:58 AM  Sunset: 6:46 PM  Daylight: 13 hours and 47 minutes. | Sunrise: 4:58 AM  Sunset: 6:47 PM  Daylight: 13 hours and 48 minutes. | Sunrise: 4:58 AM  Sunset: 6:47 PM  Daylight: 13 hours and 48 minutes. | Sunrise: 4:58 AM  Sunset: 6:47 PM  Daylight: 13 hours and 48 minutes. | Sunrise: 4:58 AM  Sunset: 6:48 PM  Daylight: 13 hours and 49 minutes. |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| Sunrise: 4:59 AM  Sunset: 6:48 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 4:59 AM  Sunset: 6:48 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 4:59 AM  Sunset: 6:49 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 4:59 AM  Sunset: 6:49 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 4:59 AM  Sunset: 6:49 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 4:59 AM  Sunset: 6:49 PM  Daylight: 13 hours and 50 minutes. | Sunrise: 5:00 AM  Sunset: 6:50 PM  Daylight: 13 hours and 50 minutes. |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| Sunrise: 5:00 AM  Sunset: 6:50 PM  Daylight: 13 hours and 50 minutes. | Sunrise: 5:00 AM  Sunset: 6:50 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 5:00 AM  Sunset: 6:50 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 5:01 AM  Sunset: 6:50 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 5:01 AM  Sunset: 6:50 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 5:01 AM  Sunset: 6:51 PM  Daylight: 13 hours and 49 minutes. | Sunrise: 5:01 AM  Sunset: 6:51 PM  Daylight: 13 hours and 49 minutes. |
| 29 | 30 |  |  |  |  |  |
| Sunrise: 5:02 AM  Sunset: 6:51 PM  Daylight: 13 hours and 48 minutes. | Sunrise: 5:02 AM  Sunset: 6:51 PM  Daylight: 13 hours and 48 minutes. |  |  |  |  |  |