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| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Helper, Utah, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 5:59 AM  Sunset: 8:55 PM  Daylight: 14 hours and 55 minutes. | Sunrise: 5:59 AM  Sunset: 8:55 PM  Daylight: 14 hours and 55 minutes. | Sunrise: 6:00 AM  Sunset: 8:54 PM  Daylight: 14 hours and 54 minutes. | Sunrise: 6:00 AM  Sunset: 8:54 PM  Daylight: 14 hours and 53 minutes. | Sunrise: 6:01 AM  Sunset: 8:54 PM  Daylight: 14 hours and 53 minutes. |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 6:01 AM  Sunset: 8:54 PM  Daylight: 14 hours and 52 minutes. | Sunrise: 6:02 AM  Sunset: 8:54 PM  Daylight: 14 hours and 51 minutes. | Sunrise: 6:03 AM  Sunset: 8:53 PM  Daylight: 14 hours and 50 minutes. | Sunrise: 6:03 AM  Sunset: 8:53 PM  Daylight: 14 hours and 49 minutes. | Sunrise: 6:04 AM  Sunset: 8:53 PM  Daylight: 14 hours and 48 minutes. | Sunrise: 6:05 AM  Sunset: 8:52 PM  Daylight: 14 hours and 47 minutes. | Sunrise: 6:05 AM  Sunset: 8:52 PM  Daylight: 14 hours and 46 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 6:06 AM  Sunset: 8:51 PM  Daylight: 14 hours and 45 minutes. | Sunrise: 6:07 AM  Sunset: 8:51 PM  Daylight: 14 hours and 43 minutes. | Sunrise: 6:08 AM  Sunset: 8:50 PM  Daylight: 14 hours and 42 minutes. | Sunrise: 6:08 AM  Sunset: 8:50 PM  Daylight: 14 hours and 41 minutes. | Sunrise: 6:09 AM  Sunset: 8:49 PM  Daylight: 14 hours and 39 minutes. | Sunrise: 6:10 AM  Sunset: 8:48 PM  Daylight: 14 hours and 38 minutes. | Sunrise: 6:11 AM  Sunset: 8:48 PM  Daylight: 14 hours and 37 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 6:12 AM  Sunset: 8:47 PM  Daylight: 14 hours and 35 minutes. | Sunrise: 6:12 AM  Sunset: 8:46 PM  Daylight: 14 hours and 34 minutes. | Sunrise: 6:13 AM  Sunset: 8:46 PM  Daylight: 14 hours and 32 minutes. | Sunrise: 6:14 AM  Sunset: 8:45 PM  Daylight: 14 hours and 30 minutes. | Sunrise: 6:15 AM  Sunset: 8:44 PM  Daylight: 14 hours and 29 minutes. | Sunrise: 6:16 AM  Sunset: 8:43 PM  Daylight: 14 hours and 27 minutes. | Sunrise: 6:17 AM  Sunset: 8:42 PM  Daylight: 14 hours and 25 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 6:17 AM  Sunset: 8:41 PM  Daylight: 14 hours and 23 minutes. | Sunrise: 6:18 AM  Sunset: 8:41 PM  Daylight: 14 hours and 22 minutes. | Sunrise: 6:19 AM  Sunset: 8:40 PM  Daylight: 14 hours and 20 minutes. | Sunrise: 6:20 AM  Sunset: 8:39 PM  Daylight: 14 hours and 18 minutes. | Sunrise: 6:21 AM  Sunset: 8:38 PM  Daylight: 14 hours and 16 minutes. |  |  |