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|  | July 2025 |
| Helpman, Groningen, The Netherlands |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 5:11 AM Sunset: 10:04 PM Daylight: 16 hours and 53 minutes.  | Sunrise: 5:11 AM Sunset: 10:03 PM Daylight: 16 hours and 51 minutes.  | Sunrise: 5:12 AM Sunset: 10:03 PM Daylight: 16 hours and 50 minutes.  | Sunrise: 5:13 AM Sunset: 10:02 PM Daylight: 16 hours and 49 minutes.  | Sunrise: 5:14 AM Sunset: 10:02 PM Daylight: 16 hours and 47 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 5:15 AM Sunset: 10:01 PM Daylight: 16 hours and 46 minutes.  | Sunrise: 5:16 AM Sunset: 10:00 PM Daylight: 16 hours and 44 minutes.  | Sunrise: 5:17 AM Sunset: 10:00 PM Daylight: 16 hours and 43 minutes.  | Sunrise: 5:18 AM Sunset: 9:59 PM Daylight: 16 hours and 41 minutes.  | Sunrise: 5:19 AM Sunset: 9:58 PM Daylight: 16 hours and 39 minutes.  | Sunrise: 5:20 AM Sunset: 9:57 PM Daylight: 16 hours and 37 minutes.  | Sunrise: 5:21 AM Sunset: 9:56 PM Daylight: 16 hours and 35 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 5:22 AM Sunset: 9:56 PM Daylight: 16 hours and 33 minutes.  | Sunrise: 5:24 AM Sunset: 9:55 PM Daylight: 16 hours and 30 minutes.  | Sunrise: 5:25 AM Sunset: 9:53 PM Daylight: 16 hours and 28 minutes.  | Sunrise: 5:26 AM Sunset: 9:52 PM Daylight: 16 hours and 26 minutes.  | Sunrise: 5:28 AM Sunset: 9:51 PM Daylight: 16 hours and 23 minutes.  | Sunrise: 5:29 AM Sunset: 9:50 PM Daylight: 16 hours and 21 minutes.  | Sunrise: 5:30 AM Sunset: 9:49 PM Daylight: 16 hours and 18 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 5:32 AM Sunset: 9:47 PM Daylight: 16 hours and 15 minutes.  | Sunrise: 5:33 AM Sunset: 9:46 PM Daylight: 16 hours and 13 minutes.  | Sunrise: 5:35 AM Sunset: 9:45 PM Daylight: 16 hours and 10 minutes.  | Sunrise: 5:36 AM Sunset: 9:43 PM Daylight: 16 hours and 7 minutes.  | Sunrise: 5:37 AM Sunset: 9:42 PM Daylight: 16 hours and 4 minutes.  | Sunrise: 5:39 AM Sunset: 9:40 PM Daylight: 16 hours and 1 minute.  | Sunrise: 5:41 AM Sunset: 9:39 PM Daylight: 15 hours and 58 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 5:42 AM Sunset: 9:37 PM Daylight: 15 hours and 55 minutes.  | Sunrise: 5:44 AM Sunset: 9:36 PM Daylight: 15 hours and 52 minutes.  | Sunrise: 5:45 AM Sunset: 9:34 PM Daylight: 15 hours and 48 minutes.  | Sunrise: 5:47 AM Sunset: 9:32 PM Daylight: 15 hours and 45 minutes.  | Sunrise: 5:48 AM Sunset: 9:31 PM Daylight: 15 hours and 42 minutes.  |     |     |