|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  | July 2025 | | | | | |
| Kandalaksha, Russia | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | 1 | 2 | 3 | 4 | 5 |
|  |  | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 2:30 AM | Sunrise: 1:12 AM  Sunset: 12:39 AM  Daylight: 23 hours and 26 minutes. |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| Sunrise: 1:27 AM  Sunset: 12:24 AM  Daylight: 22 hours and 56 minutes. | Sunrise: 1:38 AM  Sunset: 12:14 AM  Daylight: 22 hours and 35 minutes. | Sunrise: 1:46 AM  Sunset: 12:05 AM  Daylight: 22 hours and 18 minutes. | Sunrise: 1:54 AM  Sunset: 11:58 PM  Daylight: 22 hours and 3 minutes. | Sunrise: 2:01 AM  Sunset: 11:51 PM  Daylight: 21 hours and 49 minutes. | Sunrise: 2:08 AM  Sunset: 11:45 PM  Daylight: 21 hours and 36 minutes. | Sunrise: 2:14 AM  Sunset: 11:39 PM  Daylight: 21 hours and 24 minutes. |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| Sunrise: 2:20 AM  Sunset: 11:33 PM  Daylight: 21 hours and 13 minutes. | Sunrise: 2:25 AM  Sunset: 11:27 PM  Daylight: 21 hours and 1 minute. | Sunrise: 2:31 AM  Sunset: 11:22 PM  Daylight: 20 hours and 50 minutes. | Sunrise: 2:36 AM  Sunset: 11:16 PM  Daylight: 20 hours and 40 minutes. | Sunrise: 2:41 AM  Sunset: 11:11 PM  Daylight: 20 hours and 29 minutes. | Sunrise: 2:47 AM  Sunset: 11:06 PM  Daylight: 20 hours and 19 minutes. | Sunrise: 2:52 AM  Sunset: 11:01 PM  Daylight: 20 hours and 9 minutes. |
| 27 | 28 | 29 | 30 | 31 |  |  |
| Sunrise: 2:56 AM  Sunset: 10:56 PM  Daylight: 19 hours and 59 minutes. | Sunrise: 3:01 AM  Sunset: 10:52 PM  Daylight: 19 hours and 50 minutes. | Sunrise: 3:06 AM  Sunset: 10:47 PM  Daylight: 19 hours and 40 minutes. | Sunrise: 3:11 AM  Sunset: 10:42 PM  Daylight: 19 hours and 31 minutes. | Sunrise: 3:15 AM  Sunset: 10:37 PM  Daylight: 19 hours and 22 minutes. |  |  |