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|  | July 2025 |
| Kandalaksha, Russia |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 2:30 AM    | Sunrise: 1:12 AM Sunset: 12:39 AM Daylight: 23 hours and 26 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 1:27 AM Sunset: 12:24 AM Daylight: 22 hours and 56 minutes.  | Sunrise: 1:38 AM Sunset: 12:14 AM Daylight: 22 hours and 35 minutes.  | Sunrise: 1:46 AM Sunset: 12:05 AM Daylight: 22 hours and 18 minutes.  | Sunrise: 1:54 AM Sunset: 11:58 PM Daylight: 22 hours and 3 minutes.  | Sunrise: 2:01 AM Sunset: 11:51 PM Daylight: 21 hours and 49 minutes.  | Sunrise: 2:08 AM Sunset: 11:45 PM Daylight: 21 hours and 36 minutes.  | Sunrise: 2:14 AM Sunset: 11:39 PM Daylight: 21 hours and 24 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 2:20 AM Sunset: 11:33 PM Daylight: 21 hours and 13 minutes.  | Sunrise: 2:25 AM Sunset: 11:27 PM Daylight: 21 hours and 1 minute.  | Sunrise: 2:31 AM Sunset: 11:22 PM Daylight: 20 hours and 50 minutes.  | Sunrise: 2:36 AM Sunset: 11:16 PM Daylight: 20 hours and 40 minutes.  | Sunrise: 2:41 AM Sunset: 11:11 PM Daylight: 20 hours and 29 minutes.  | Sunrise: 2:47 AM Sunset: 11:06 PM Daylight: 20 hours and 19 minutes.  | Sunrise: 2:52 AM Sunset: 11:01 PM Daylight: 20 hours and 9 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 2:56 AM Sunset: 10:56 PM Daylight: 19 hours and 59 minutes.  | Sunrise: 3:01 AM Sunset: 10:52 PM Daylight: 19 hours and 50 minutes.  | Sunrise: 3:06 AM Sunset: 10:47 PM Daylight: 19 hours and 40 minutes.  | Sunrise: 3:11 AM Sunset: 10:42 PM Daylight: 19 hours and 31 minutes.  | Sunrise: 3:15 AM Sunset: 10:37 PM Daylight: 19 hours and 22 minutes.  |     |     |