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|  | July 2025 |
| Nyandoma, Russia |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   | 1  | 2  | 3  | 4  | 5  |
|     |     | Sunrise: 2:40 AM Sunset: 10:05 PM Daylight: 19 hours and 24 minutes.  | Sunrise: 2:42 AM Sunset: 10:04 PM Daylight: 19 hours and 22 minutes.  | Sunrise: 2:43 AM Sunset: 10:03 PM Daylight: 19 hours and 19 minutes.  | Sunrise: 2:45 AM Sunset: 10:02 PM Daylight: 19 hours and 17 minutes.  | Sunrise: 2:46 AM Sunset: 10:00 PM Daylight: 19 hours and 14 minutes.  |
| 6  | 7  | 8  | 9  | 10  | 11  | 12  |
| Sunrise: 2:48 AM Sunset: 9:59 PM Daylight: 19 hours and 11 minutes.  | Sunrise: 2:49 AM Sunset: 9:58 PM Daylight: 19 hours and 8 minutes.  | Sunrise: 2:51 AM Sunset: 9:56 PM Daylight: 19 hours and 5 minutes.  | Sunrise: 2:53 AM Sunset: 9:55 PM Daylight: 19 hours and 1 minute.  | Sunrise: 2:55 AM Sunset: 9:53 PM Daylight: 18 hours and 58 minutes.  | Sunrise: 2:57 AM Sunset: 9:51 PM Daylight: 18 hours and 54 minutes.  | Sunrise: 2:59 AM Sunset: 9:50 PM Daylight: 18 hours and 50 minutes.  |
| 13  | 14  | 15  | 16  | 17  | 18  | 19  |
| Sunrise: 3:01 AM Sunset: 9:48 PM Daylight: 18 hours and 46 minutes.  | Sunrise: 3:03 AM Sunset: 9:46 PM Daylight: 18 hours and 42 minutes.  | Sunrise: 3:05 AM Sunset: 9:44 PM Daylight: 18 hours and 38 minutes.  | Sunrise: 3:08 AM Sunset: 9:42 PM Daylight: 18 hours and 34 minutes.  | Sunrise: 3:10 AM Sunset: 9:40 PM Daylight: 18 hours and 29 minutes.  | Sunrise: 3:12 AM Sunset: 9:38 PM Daylight: 18 hours and 25 minutes.  | Sunrise: 3:15 AM Sunset: 9:35 PM Daylight: 18 hours and 20 minutes.  |
| 20  | 21  | 22  | 23  | 24  | 25  | 26  |
| Sunrise: 3:17 AM Sunset: 9:33 PM Daylight: 18 hours and 16 minutes.  | Sunrise: 3:19 AM Sunset: 9:31 PM Daylight: 18 hours and 11 minutes.  | Sunrise: 3:22 AM Sunset: 9:29 PM Daylight: 18 hours and 6 minutes.  | Sunrise: 3:24 AM Sunset: 9:26 PM Daylight: 18 hours and 1 minute.  | Sunrise: 3:27 AM Sunset: 9:24 PM Daylight: 17 hours and 56 minutes.  | Sunrise: 3:29 AM Sunset: 9:21 PM Daylight: 17 hours and 51 minutes.  | Sunrise: 3:32 AM Sunset: 9:19 PM Daylight: 17 hours and 46 minutes.  |
| 27  | 28  | 29  | 30  | 31  |   |   |
| Sunrise: 3:34 AM Sunset: 9:16 PM Daylight: 17 hours and 41 minutes.  | Sunrise: 3:37 AM Sunset: 9:13 PM Daylight: 17 hours and 36 minutes.  | Sunrise: 3:40 AM Sunset: 9:11 PM Daylight: 17 hours and 31 minutes.  | Sunrise: 3:42 AM Sunset: 9:08 PM Daylight: 17 hours and 25 minutes.  | Sunrise: 3:45 AM Sunset: 9:05 PM Daylight: 17 hours and 20 minutes.  |     |     |