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|  | August 2025 |
| Helston, England, United Kingdom |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 5:50 AMSunset: 9:04 PMDaylight: 15 hours and 14 minutes. | Sunrise: 5:51 AMSunset: 9:03 PMDaylight: 15 hours and 11 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 5:52 AMSunset: 9:01 PMDaylight: 15 hours and 8 minutes. | Sunrise: 5:54 AMSunset: 9:00 PMDaylight: 15 hours and 5 minutes. | Sunrise: 5:55 AMSunset: 8:58 PMDaylight: 15 hours and 2 minutes. | Sunrise: 5:57 AMSunset: 8:56 PMDaylight: 14 hours and 59 minutes. | Sunrise: 5:58 AMSunset: 8:55 PMDaylight: 14 hours and 56 minutes. | Sunrise: 6:00 AMSunset: 8:53 PMDaylight: 14 hours and 53 minutes. | Sunrise: 6:01 AMSunset: 8:51 PMDaylight: 14 hours and 50 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 6:03 AMSunset: 8:49 PMDaylight: 14 hours and 46 minutes. | Sunrise: 6:04 AMSunset: 8:48 PMDaylight: 14 hours and 43 minutes. | Sunrise: 6:05 AMSunset: 8:46 PMDaylight: 14 hours and 40 minutes. | Sunrise: 6:07 AMSunset: 8:44 PMDaylight: 14 hours and 37 minutes. | Sunrise: 6:08 AMSunset: 8:42 PMDaylight: 14 hours and 33 minutes. | Sunrise: 6:10 AMSunset: 8:40 PMDaylight: 14 hours and 30 minutes. | Sunrise: 6:11 AMSunset: 8:38 PMDaylight: 14 hours and 27 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 6:13 AMSunset: 8:37 PMDaylight: 14 hours and 23 minutes. | Sunrise: 6:14 AMSunset: 8:35 PMDaylight: 14 hours and 20 minutes. | Sunrise: 6:16 AMSunset: 8:33 PMDaylight: 14 hours and 16 minutes. | Sunrise: 6:17 AMSunset: 8:31 PMDaylight: 14 hours and 13 minutes. | Sunrise: 6:19 AMSunset: 8:29 PMDaylight: 14 hours and 9 minutes. | Sunrise: 6:20 AMSunset: 8:27 PMDaylight: 14 hours and 6 minutes. | Sunrise: 6:22 AMSunset: 8:25 PMDaylight: 14 hours and 2 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 6:23 AMSunset: 8:23 PMDaylight: 13 hours and 59 minutes. | Sunrise: 6:25 AMSunset: 8:21 PMDaylight: 13 hours and 55 minutes. | Sunrise: 6:26 AMSunset: 8:19 PMDaylight: 13 hours and 52 minutes. | Sunrise: 6:28 AMSunset: 8:17 PMDaylight: 13 hours and 48 minutes. | Sunrise: 6:29 AMSunset: 8:14 PMDaylight: 13 hours and 45 minutes. | Sunrise: 6:31 AMSunset: 8:12 PMDaylight: 13 hours and 41 minutes. | Sunrise: 6:32 AMSunset: 8:10 PMDaylight: 13 hours and 37 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 6:34 AMSunset: 8:08 PMDaylight: 13 hours and 34 minutes. |  |  |  |  |  |  |