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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | August 2025 | | | | | | |
| Ilam, Nepal | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 5:17 AM  Sunset: 6:41 PM  Daylight: 13 hours and 23 minutes. | Sunrise: 5:18 AM  Sunset: 6:40 PM  Daylight: 13 hours and 22 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 5:18 AM  Sunset: 6:40 PM  Daylight: 13 hours and 21 minutes. | Sunrise: 5:19 AM  Sunset: 6:39 PM  Daylight: 13 hours and 20 minutes. | | Sunrise: 5:19 AM  Sunset: 6:38 PM  Daylight: 13 hours and 19 minutes. | Sunrise: 5:20 AM  Sunset: 6:38 PM  Daylight: 13 hours and 17 minutes. | Sunrise: 5:20 AM  Sunset: 6:37 PM  Daylight: 13 hours and 16 minutes. | Sunrise: 5:21 AM  Sunset: 6:36 PM  Daylight: 13 hours and 15 minutes. | Sunrise: 5:21 AM  Sunset: 6:35 PM  Daylight: 13 hours and 14 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:22 AM  Sunset: 6:35 PM  Daylight: 13 hours and 12 minutes. | Sunrise: 5:22 AM  Sunset: 6:34 PM  Daylight: 13 hours and 11 minutes. | | Sunrise: 5:23 AM  Sunset: 6:33 PM  Daylight: 13 hours and 10 minutes. | Sunrise: 5:23 AM  Sunset: 6:32 PM  Daylight: 13 hours and 8 minutes. | Sunrise: 5:24 AM  Sunset: 6:31 PM  Daylight: 13 hours and 7 minutes. | Sunrise: 5:24 AM  Sunset: 6:30 PM  Daylight: 13 hours and 6 minutes. | Sunrise: 5:25 AM  Sunset: 6:29 PM  Daylight: 13 hours and 4 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:25 AM  Sunset: 6:29 PM  Daylight: 13 hours and 3 minutes. | Sunrise: 5:26 AM  Sunset: 6:28 PM  Daylight: 13 hours and 1 minute. | | Sunrise: 5:26 AM  Sunset: 6:27 PM  Daylight: 13 hours and 0 minutes. | Sunrise: 5:27 AM  Sunset: 6:26 PM  Daylight: 12 hours and 59 minutes. | Sunrise: 5:27 AM  Sunset: 6:25 PM  Daylight: 12 hours and 57 minutes. | Sunrise: 5:28 AM  Sunset: 6:24 PM  Daylight: 12 hours and 56 minutes. | Sunrise: 5:28 AM  Sunset: 6:23 PM  Daylight: 12 hours and 54 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:29 AM  Sunset: 6:22 PM  Daylight: 12 hours and 53 minutes. | Sunrise: 5:29 AM  Sunset: 6:21 PM  Daylight: 12 hours and 51 minutes. | | Sunrise: 5:30 AM  Sunset: 6:20 PM  Daylight: 12 hours and 50 minutes. | Sunrise: 5:30 AM  Sunset: 6:19 PM  Daylight: 12 hours and 48 minutes. | Sunrise: 5:30 AM  Sunset: 6:18 PM  Daylight: 12 hours and 47 minutes. | Sunrise: 5:31 AM  Sunset: 6:17 PM  Daylight: 12 hours and 45 minutes. | Sunrise: 5:31 AM  Sunset: 6:16 PM  Daylight: 12 hours and 44 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 5:32 AM  Sunset: 6:15 PM  Daylight: 12 hours and 42 minutes. |  | |  |  |  |  |  |