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|  | August 2025 |
| Lena, Innlandet, Norway |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 4:52 AMSunset: 9:53 PMDaylight: 17 hours and 0 minutes. | Sunrise: 4:55 AMSunset: 9:50 PMDaylight: 16 hours and 55 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 4:57 AMSunset: 9:48 PMDaylight: 16 hours and 50 minutes. | Sunrise: 5:00 AMSunset: 9:45 PMDaylight: 16 hours and 45 minutes. | Sunrise: 5:02 AMSunset: 9:42 PMDaylight: 16 hours and 40 minutes. | Sunrise: 5:05 AMSunset: 9:40 PMDaylight: 16 hours and 34 minutes. | Sunrise: 5:07 AMSunset: 9:37 PMDaylight: 16 hours and 29 minutes. | Sunrise: 5:10 AMSunset: 9:34 PMDaylight: 16 hours and 24 minutes. | Sunrise: 5:12 AMSunset: 9:31 PMDaylight: 16 hours and 19 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:15 AMSunset: 9:29 PMDaylight: 16 hours and 13 minutes. | Sunrise: 5:17 AMSunset: 9:26 PMDaylight: 16 hours and 8 minutes. | Sunrise: 5:20 AMSunset: 9:23 PMDaylight: 16 hours and 3 minutes. | Sunrise: 5:22 AMSunset: 9:20 PMDaylight: 15 hours and 57 minutes. | Sunrise: 5:25 AMSunset: 9:17 PMDaylight: 15 hours and 52 minutes. | Sunrise: 5:27 AMSunset: 9:14 PMDaylight: 15 hours and 47 minutes. | Sunrise: 5:30 AMSunset: 9:11 PMDaylight: 15 hours and 41 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:32 AMSunset: 9:09 PMDaylight: 15 hours and 36 minutes. | Sunrise: 5:35 AMSunset: 9:06 PMDaylight: 15 hours and 30 minutes. | Sunrise: 5:37 AMSunset: 9:03 PMDaylight: 15 hours and 25 minutes. | Sunrise: 5:40 AMSunset: 9:00 PMDaylight: 15 hours and 20 minutes. | Sunrise: 5:42 AMSunset: 8:57 PMDaylight: 15 hours and 14 minutes. | Sunrise: 5:45 AMSunset: 8:54 PMDaylight: 15 hours and 9 minutes. | Sunrise: 5:47 AMSunset: 8:51 PMDaylight: 15 hours and 3 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:50 AMSunset: 8:48 PMDaylight: 14 hours and 58 minutes. | Sunrise: 5:52 AMSunset: 8:45 PMDaylight: 14 hours and 52 minutes. | Sunrise: 5:55 AMSunset: 8:42 PMDaylight: 14 hours and 47 minutes. | Sunrise: 5:57 AMSunset: 8:39 PMDaylight: 14 hours and 41 minutes. | Sunrise: 5:59 AMSunset: 8:36 PMDaylight: 14 hours and 36 minutes. | Sunrise: 6:02 AMSunset: 8:33 PMDaylight: 14 hours and 30 minutes. | Sunrise: 6:04 AMSunset: 8:30 PMDaylight: 14 hours and 25 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 6:07 AMSunset: 8:26 PMDaylight: 14 hours and 19 minutes. |  |  |  |  |  |  |