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|  | August 2025 |
| Pol, Galicia, Spain |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 7:19 AMSunset: 9:51 PMDaylight: 14 hours and 31 minutes. | Sunrise: 7:20 AMSunset: 9:50 PMDaylight: 14 hours and 29 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 7:21 AMSunset: 9:49 PMDaylight: 14 hours and 27 minutes. | Sunrise: 7:22 AMSunset: 9:48 PMDaylight: 14 hours and 25 minutes. | Sunrise: 7:23 AMSunset: 9:46 PMDaylight: 14 hours and 22 minutes. | Sunrise: 7:25 AMSunset: 9:45 PMDaylight: 14 hours and 20 minutes. | Sunrise: 7:26 AMSunset: 9:44 PMDaylight: 14 hours and 18 minutes. | Sunrise: 7:27 AMSunset: 9:42 PMDaylight: 14 hours and 15 minutes. | Sunrise: 7:28 AMSunset: 9:41 PMDaylight: 14 hours and 13 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 7:29 AMSunset: 9:40 PMDaylight: 14 hours and 10 minutes. | Sunrise: 7:30 AMSunset: 9:38 PMDaylight: 14 hours and 8 minutes. | Sunrise: 7:31 AMSunset: 9:37 PMDaylight: 14 hours and 5 minutes. | Sunrise: 7:32 AMSunset: 9:35 PMDaylight: 14 hours and 3 minutes. | Sunrise: 7:33 AMSunset: 9:34 PMDaylight: 14 hours and 0 minutes. | Sunrise: 7:34 AMSunset: 9:32 PMDaylight: 13 hours and 58 minutes. | Sunrise: 7:35 AMSunset: 9:31 PMDaylight: 13 hours and 55 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 7:37 AMSunset: 9:29 PMDaylight: 13 hours and 52 minutes. | Sunrise: 7:38 AMSunset: 9:28 PMDaylight: 13 hours and 50 minutes. | Sunrise: 7:39 AMSunset: 9:26 PMDaylight: 13 hours and 47 minutes. | Sunrise: 7:40 AMSunset: 9:25 PMDaylight: 13 hours and 44 minutes. | Sunrise: 7:41 AMSunset: 9:23 PMDaylight: 13 hours and 42 minutes. | Sunrise: 7:42 AMSunset: 9:22 PMDaylight: 13 hours and 39 minutes. | Sunrise: 7:43 AMSunset: 9:20 PMDaylight: 13 hours and 36 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 7:44 AMSunset: 9:18 PMDaylight: 13 hours and 34 minutes. | Sunrise: 7:45 AMSunset: 9:17 PMDaylight: 13 hours and 31 minutes. | Sunrise: 7:46 AMSunset: 9:15 PMDaylight: 13 hours and 28 minutes. | Sunrise: 7:47 AMSunset: 9:13 PMDaylight: 13 hours and 25 minutes. | Sunrise: 7:49 AMSunset: 9:12 PMDaylight: 13 hours and 23 minutes. | Sunrise: 7:50 AMSunset: 9:10 PMDaylight: 13 hours and 20 minutes. | Sunrise: 7:51 AMSunset: 9:08 PMDaylight: 13 hours and 17 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 7:52 AMSunset: 9:07 PMDaylight: 13 hours and 14 minutes. |  |  |  |  |  |  |