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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | | August 2025 | | | | | | |
| Polmont, Scotland, United Kingdom | | | | | | |
| Sunday | Monday | | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  | |  |  |  | 1 | 2 |
|  |  | |  |  |  | Sunrise: 5:18 AM  Sunset: 9:23 PM  Daylight: 16 hours and 4 minutes. | Sunrise: 5:20 AM  Sunset: 9:21 PM  Daylight: 16 hours and 0 minutes. |
| 3 | 4 | | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 5:22 AM  Sunset: 9:19 PM  Daylight: 15 hours and 56 minutes. | Sunrise: 5:24 AM  Sunset: 9:17 PM  Daylight: 15 hours and 52 minutes. | | Sunrise: 5:26 AM  Sunset: 9:15 PM  Daylight: 15 hours and 48 minutes. | Sunrise: 5:28 AM  Sunset: 9:13 PM  Daylight: 15 hours and 44 minutes. | Sunrise: 5:30 AM  Sunset: 9:11 PM  Daylight: 15 hours and 40 minutes. | Sunrise: 5:32 AM  Sunset: 9:08 PM  Daylight: 15 hours and 36 minutes. | Sunrise: 5:34 AM  Sunset: 9:06 PM  Daylight: 15 hours and 32 minutes. |
| 10 | 11 | | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:36 AM  Sunset: 9:04 PM  Daylight: 15 hours and 28 minutes. | Sunrise: 5:37 AM  Sunset: 9:02 PM  Daylight: 15 hours and 24 minutes. | | Sunrise: 5:39 AM  Sunset: 8:59 PM  Daylight: 15 hours and 20 minutes. | Sunrise: 5:41 AM  Sunset: 8:57 PM  Daylight: 15 hours and 15 minutes. | Sunrise: 5:43 AM  Sunset: 8:55 PM  Daylight: 15 hours and 11 minutes. | Sunrise: 5:45 AM  Sunset: 8:52 PM  Daylight: 15 hours and 7 minutes. | Sunrise: 5:47 AM  Sunset: 8:50 PM  Daylight: 15 hours and 2 minutes. |
| 17 | 18 | | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:49 AM  Sunset: 8:48 PM  Daylight: 14 hours and 58 minutes. | Sunrise: 5:51 AM  Sunset: 8:45 PM  Daylight: 14 hours and 54 minutes. | | Sunrise: 5:53 AM  Sunset: 8:43 PM  Daylight: 14 hours and 49 minutes. | Sunrise: 5:55 AM  Sunset: 8:41 PM  Daylight: 14 hours and 45 minutes. | Sunrise: 5:57 AM  Sunset: 8:38 PM  Daylight: 14 hours and 41 minutes. | Sunrise: 5:59 AM  Sunset: 8:36 PM  Daylight: 14 hours and 36 minutes. | Sunrise: 6:01 AM  Sunset: 8:33 PM  Daylight: 14 hours and 32 minutes. |
| 24 | 25 | | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 6:03 AM  Sunset: 8:31 PM  Daylight: 14 hours and 27 minutes. | Sunrise: 6:05 AM  Sunset: 8:28 PM  Daylight: 14 hours and 23 minutes. | | Sunrise: 6:07 AM  Sunset: 8:26 PM  Daylight: 14 hours and 18 minutes. | Sunrise: 6:09 AM  Sunset: 8:23 PM  Daylight: 14 hours and 14 minutes. | Sunrise: 6:11 AM  Sunset: 8:21 PM  Daylight: 14 hours and 9 minutes. | Sunrise: 6:13 AM  Sunset: 8:18 PM  Daylight: 14 hours and 5 minutes. | Sunrise: 6:15 AM  Sunset: 8:15 PM  Daylight: 14 hours and 0 minutes. |
| 31 |  | |  |  |  |  |  |
| Sunrise: 6:17 AM  Sunset: 8:13 PM  Daylight: 13 hours and 56 minutes. |  | |  |  |  |  |  |