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|  | August 2025 |
| Ponazyrevo, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 3:45 AMSunset: 8:16 PMDaylight: 16 hours and 30 minutes. | Sunrise: 3:48 AMSunset: 8:14 PMDaylight: 16 hours and 26 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 3:50 AMSunset: 8:11 PMDaylight: 16 hours and 21 minutes. | Sunrise: 3:52 AMSunset: 8:09 PMDaylight: 16 hours and 17 minutes. | Sunrise: 3:54 AMSunset: 8:07 PMDaylight: 16 hours and 12 minutes. | Sunrise: 3:56 AMSunset: 8:04 PMDaylight: 16 hours and 8 minutes. | Sunrise: 3:58 AMSunset: 8:02 PMDaylight: 16 hours and 3 minutes. | Sunrise: 4:00 AMSunset: 7:59 PMDaylight: 15 hours and 58 minutes. | Sunrise: 4:03 AMSunset: 7:57 PMDaylight: 15 hours and 54 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 4:05 AMSunset: 7:54 PMDaylight: 15 hours and 49 minutes. | Sunrise: 4:07 AMSunset: 7:52 PMDaylight: 15 hours and 44 minutes. | Sunrise: 4:09 AMSunset: 7:49 PMDaylight: 15 hours and 40 minutes. | Sunrise: 4:11 AMSunset: 7:47 PMDaylight: 15 hours and 35 minutes. | Sunrise: 4:14 AMSunset: 7:44 PMDaylight: 15 hours and 30 minutes. | Sunrise: 4:16 AMSunset: 7:42 PMDaylight: 15 hours and 25 minutes. | Sunrise: 4:18 AMSunset: 7:39 PMDaylight: 15 hours and 21 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:20 AMSunset: 7:36 PMDaylight: 15 hours and 16 minutes. | Sunrise: 4:22 AMSunset: 7:34 PMDaylight: 15 hours and 11 minutes. | Sunrise: 4:25 AMSunset: 7:31 PMDaylight: 15 hours and 6 minutes. | Sunrise: 4:27 AMSunset: 7:29 PMDaylight: 15 hours and 1 minute. | Sunrise: 4:29 AMSunset: 7:26 PMDaylight: 14 hours and 56 minutes. | Sunrise: 4:31 AMSunset: 7:23 PMDaylight: 14 hours and 51 minutes. | Sunrise: 4:33 AMSunset: 7:20 PMDaylight: 14 hours and 46 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 4:36 AMSunset: 7:18 PMDaylight: 14 hours and 42 minutes. | Sunrise: 4:38 AMSunset: 7:15 PMDaylight: 14 hours and 37 minutes. | Sunrise: 4:40 AMSunset: 7:12 PMDaylight: 14 hours and 32 minutes. | Sunrise: 4:42 AMSunset: 7:09 PMDaylight: 14 hours and 27 minutes. | Sunrise: 4:44 AMSunset: 7:07 PMDaylight: 14 hours and 22 minutes. | Sunrise: 4:47 AMSunset: 7:04 PMDaylight: 14 hours and 17 minutes. | Sunrise: 4:49 AMSunset: 7:01 PMDaylight: 14 hours and 12 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 4:51 AMSunset: 6:58 PMDaylight: 14 hours and 7 minutes. |  |  |  |  |  |  |