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|  | August 2025 |
| Umba, Russia |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  |  | 1 | 2 |
|  |  |  |  |  | Sunrise: 3:19 AMSunset: 10:18 PMDaylight: 18 hours and 59 minutes. | Sunrise: 3:23 AMSunset: 10:14 PMDaylight: 18 hours and 50 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 3:27 AMSunset: 10:10 PMDaylight: 18 hours and 42 minutes. | Sunrise: 3:31 AMSunset: 10:05 PMDaylight: 18 hours and 34 minutes. | Sunrise: 3:35 AMSunset: 10:01 PMDaylight: 18 hours and 25 minutes. | Sunrise: 3:39 AMSunset: 9:57 PMDaylight: 18 hours and 17 minutes. | Sunrise: 3:43 AMSunset: 9:53 PMDaylight: 18 hours and 9 minutes. | Sunrise: 3:47 AMSunset: 9:48 PMDaylight: 18 hours and 1 minute. | Sunrise: 3:51 AMSunset: 9:44 PMDaylight: 17 hours and 53 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 3:55 AMSunset: 9:40 PMDaylight: 17 hours and 45 minutes. | Sunrise: 3:59 AMSunset: 9:36 PMDaylight: 17 hours and 37 minutes. | Sunrise: 4:03 AMSunset: 9:32 PMDaylight: 17 hours and 29 minutes. | Sunrise: 4:07 AMSunset: 9:28 PMDaylight: 17 hours and 21 minutes. | Sunrise: 4:10 AMSunset: 9:23 PMDaylight: 17 hours and 13 minutes. | Sunrise: 4:14 AMSunset: 9:19 PMDaylight: 17 hours and 5 minutes. | Sunrise: 4:18 AMSunset: 9:15 PMDaylight: 16 hours and 57 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 4:21 AMSunset: 9:11 PMDaylight: 16 hours and 49 minutes. | Sunrise: 4:25 AMSunset: 9:07 PMDaylight: 16 hours and 41 minutes. | Sunrise: 4:29 AMSunset: 9:03 PMDaylight: 16 hours and 34 minutes. | Sunrise: 4:32 AMSunset: 8:59 PMDaylight: 16 hours and 26 minutes. | Sunrise: 4:36 AMSunset: 8:55 PMDaylight: 16 hours and 18 minutes. | Sunrise: 4:40 AMSunset: 8:51 PMDaylight: 16 hours and 11 minutes. | Sunrise: 4:43 AMSunset: 8:47 PMDaylight: 16 hours and 3 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 4:47 AMSunset: 8:42 PMDaylight: 15 hours and 55 minutes. | Sunrise: 4:50 AMSunset: 8:38 PMDaylight: 15 hours and 48 minutes. | Sunrise: 4:54 AMSunset: 8:34 PMDaylight: 15 hours and 40 minutes. | Sunrise: 4:57 AMSunset: 8:30 PMDaylight: 15 hours and 33 minutes. | Sunrise: 5:01 AMSunset: 8:26 PMDaylight: 15 hours and 25 minutes. | Sunrise: 5:04 AMSunset: 8:22 PMDaylight: 15 hours and 18 minutes. | Sunrise: 5:08 AMSunset: 8:18 PMDaylight: 15 hours and 10 minutes. |
| 31 |  |  |  |  |  |  |
| Sunrise: 5:11 AMSunset: 8:14 PMDaylight: 15 hours and 3 minutes. |  |  |  |  |  |  |