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| --- | --- | --- | --- | --- | --- | --- |
|  | September 2025 | | | | | |
| Avarua, Rarotonga, Cook Islands | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 6:48 AM  Sunset: 6:29 PM  Daylight: 11 hours and 41 minutes. | Sunrise: 6:47 AM  Sunset: 6:30 PM  Daylight: 11 hours and 42 minutes. | Sunrise: 6:46 AM  Sunset: 6:30 PM  Daylight: 11 hours and 43 minutes. | Sunrise: 6:45 AM  Sunset: 6:30 PM  Daylight: 11 hours and 44 minutes. | Sunrise: 6:44 AM  Sunset: 6:30 PM  Daylight: 11 hours and 46 minutes. | Sunrise: 6:43 AM  Sunset: 6:31 PM  Daylight: 11 hours and 47 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 6:43 AM  Sunset: 6:31 PM  Daylight: 11 hours and 48 minutes. | Sunrise: 6:42 AM  Sunset: 6:31 PM  Daylight: 11 hours and 49 minutes. | Sunrise: 6:41 AM  Sunset: 6:31 PM  Daylight: 11 hours and 50 minutes. | Sunrise: 6:40 AM  Sunset: 6:32 PM  Daylight: 11 hours and 51 minutes. | Sunrise: 6:39 AM  Sunset: 6:32 PM  Daylight: 11 hours and 53 minutes. | Sunrise: 6:38 AM  Sunset: 6:32 PM  Daylight: 11 hours and 54 minutes. | Sunrise: 6:37 AM  Sunset: 6:32 PM  Daylight: 11 hours and 55 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 6:36 AM  Sunset: 6:33 PM  Daylight: 11 hours and 56 minutes. | Sunrise: 6:35 AM  Sunset: 6:33 PM  Daylight: 11 hours and 57 minutes. | Sunrise: 6:34 AM  Sunset: 6:33 PM  Daylight: 11 hours and 59 minutes. | Sunrise: 6:33 AM  Sunset: 6:33 PM  Daylight: 12 hours and 0 minutes. | Sunrise: 6:32 AM  Sunset: 6:34 PM  Daylight: 12 hours and 1 minute. | Sunrise: 6:31 AM  Sunset: 6:34 PM  Daylight: 12 hours and 2 minutes. | Sunrise: 6:30 AM  Sunset: 6:34 PM  Daylight: 12 hours and 3 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 6:29 AM  Sunset: 6:34 PM  Daylight: 12 hours and 5 minutes. | Sunrise: 6:28 AM  Sunset: 6:35 PM  Daylight: 12 hours and 6 minutes. | Sunrise: 6:27 AM  Sunset: 6:35 PM  Daylight: 12 hours and 7 minutes. | Sunrise: 6:26 AM  Sunset: 6:35 PM  Daylight: 12 hours and 8 minutes. | Sunrise: 6:25 AM  Sunset: 6:35 PM  Daylight: 12 hours and 9 minutes. | Sunrise: 6:25 AM  Sunset: 6:36 PM  Daylight: 12 hours and 11 minutes. | Sunrise: 6:24 AM  Sunset: 6:36 PM  Daylight: 12 hours and 12 minutes. |
| 28 | 29 | 30 |  |  |  |  |
| Sunrise: 6:23 AM  Sunset: 6:36 PM  Daylight: 12 hours and 13 minutes. | Sunrise: 6:22 AM  Sunset: 6:36 PM  Daylight: 12 hours and 14 minutes. | Sunrise: 6:21 AM  Sunset: 6:37 PM  Daylight: 12 hours and 15 minutes. |  |  |  |  |