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|  | September 2025 |
| Ponuga, Panama |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 6:16 AM Sunset: 6:32 PM Daylight: 12 hours and 16 minutes.  | Sunrise: 6:15 AM Sunset: 6:31 PM Daylight: 12 hours and 15 minutes.  | Sunrise: 6:15 AM Sunset: 6:30 PM Daylight: 12 hours and 15 minutes.  | Sunrise: 6:15 AM Sunset: 6:30 PM Daylight: 12 hours and 14 minutes.  | Sunrise: 6:15 AM Sunset: 6:29 PM Daylight: 12 hours and 14 minutes.  | Sunrise: 6:15 AM Sunset: 6:29 PM Daylight: 12 hours and 13 minutes.  |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 6:15 AM Sunset: 6:28 PM Daylight: 12 hours and 13 minutes.  | Sunrise: 6:15 AM Sunset: 6:28 PM Daylight: 12 hours and 13 minutes.  | Sunrise: 6:15 AM Sunset: 6:27 PM Daylight: 12 hours and 12 minutes.  | Sunrise: 6:14 AM Sunset: 6:27 PM Daylight: 12 hours and 12 minutes.  | Sunrise: 6:14 AM Sunset: 6:26 PM Daylight: 12 hours and 11 minutes.  | Sunrise: 6:14 AM Sunset: 6:25 PM Daylight: 12 hours and 11 minutes.  | Sunrise: 6:14 AM Sunset: 6:25 PM Daylight: 12 hours and 10 minutes.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 6:14 AM Sunset: 6:24 PM Daylight: 12 hours and 10 minutes.  | Sunrise: 6:14 AM Sunset: 6:24 PM Daylight: 12 hours and 10 minutes.  | Sunrise: 6:14 AM Sunset: 6:23 PM Daylight: 12 hours and 9 minutes.  | Sunrise: 6:13 AM Sunset: 6:23 PM Daylight: 12 hours and 9 minutes.  | Sunrise: 6:13 AM Sunset: 6:22 PM Daylight: 12 hours and 8 minutes.  | Sunrise: 6:13 AM Sunset: 6:21 PM Daylight: 12 hours and 8 minutes.  | Sunrise: 6:13 AM Sunset: 6:21 PM Daylight: 12 hours and 7 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 6:13 AM Sunset: 6:20 PM Daylight: 12 hours and 7 minutes.  | Sunrise: 6:13 AM Sunset: 6:20 PM Daylight: 12 hours and 7 minutes.  | Sunrise: 6:13 AM Sunset: 6:19 PM Daylight: 12 hours and 6 minutes.  | Sunrise: 6:12 AM Sunset: 6:19 PM Daylight: 12 hours and 6 minutes.  | Sunrise: 6:12 AM Sunset: 6:18 PM Daylight: 12 hours and 5 minutes.  | Sunrise: 6:12 AM Sunset: 6:18 PM Daylight: 12 hours and 5 minutes.  | Sunrise: 6:12 AM Sunset: 6:17 PM Daylight: 12 hours and 4 minutes.  |
| 28  | 29  | 30  |   |   |   |   |
| Sunrise: 6:12 AM Sunset: 6:16 PM Daylight: 12 hours and 4 minutes.  | Sunrise: 6:12 AM Sunset: 6:16 PM Daylight: 12 hours and 4 minutes.  | Sunrise: 6:12 AM Sunset: 6:15 PM Daylight: 12 hours and 3 minutes.  |     |     |     |     |