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|  | October 2025 |
| Avarua, Rarotonga, Cook Islands |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 6:20 AM Sunset: 6:37 PM Daylight: 12 hours and 17 minutes.  | Sunrise: 6:19 AM Sunset: 6:37 PM Daylight: 12 hours and 18 minutes.  | Sunrise: 6:18 AM Sunset: 6:37 PM Daylight: 12 hours and 19 minutes.  | Sunrise: 6:17 AM Sunset: 6:38 PM Daylight: 12 hours and 20 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 6:16 AM Sunset: 6:38 PM Daylight: 12 hours and 21 minutes.  | Sunrise: 6:15 AM Sunset: 6:38 PM Daylight: 12 hours and 23 minutes.  | Sunrise: 6:14 AM Sunset: 6:39 PM Daylight: 12 hours and 24 minutes.  | Sunrise: 6:13 AM Sunset: 6:39 PM Daylight: 12 hours and 25 minutes.  | Sunrise: 6:13 AM Sunset: 6:39 PM Daylight: 12 hours and 26 minutes.  | Sunrise: 6:12 AM Sunset: 6:40 PM Daylight: 12 hours and 27 minutes.  | Sunrise: 6:11 AM Sunset: 6:40 PM Daylight: 12 hours and 29 minutes.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 6:10 AM Sunset: 6:40 PM Daylight: 12 hours and 30 minutes.  | Sunrise: 6:09 AM Sunset: 6:41 PM Daylight: 12 hours and 31 minutes.  | Sunrise: 6:08 AM Sunset: 6:41 PM Daylight: 12 hours and 32 minutes.  | Sunrise: 6:07 AM Sunset: 6:41 PM Daylight: 12 hours and 33 minutes.  | Sunrise: 6:07 AM Sunset: 6:42 PM Daylight: 12 hours and 35 minutes.  | Sunrise: 6:06 AM Sunset: 6:42 PM Daylight: 12 hours and 36 minutes.  | Sunrise: 6:05 AM Sunset: 6:43 PM Daylight: 12 hours and 37 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 6:04 AM Sunset: 6:43 PM Daylight: 12 hours and 38 minutes.  | Sunrise: 6:04 AM Sunset: 6:43 PM Daylight: 12 hours and 39 minutes.  | Sunrise: 6:03 AM Sunset: 6:44 PM Daylight: 12 hours and 40 minutes.  | Sunrise: 6:02 AM Sunset: 6:44 PM Daylight: 12 hours and 42 minutes.  | Sunrise: 6:01 AM Sunset: 6:45 PM Daylight: 12 hours and 43 minutes.  | Sunrise: 6:01 AM Sunset: 6:45 PM Daylight: 12 hours and 44 minutes.  | Sunrise: 6:00 AM Sunset: 6:45 PM Daylight: 12 hours and 45 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 5:59 AM Sunset: 6:46 PM Daylight: 12 hours and 46 minutes.  | Sunrise: 5:59 AM Sunset: 6:46 PM Daylight: 12 hours and 47 minutes.  | Sunrise: 5:58 AM Sunset: 6:47 PM Daylight: 12 hours and 48 minutes.  | Sunrise: 5:57 AM Sunset: 6:47 PM Daylight: 12 hours and 50 minutes.  | Sunrise: 5:57 AM Sunset: 6:48 PM Daylight: 12 hours and 51 minutes.  | Sunrise: 5:56 AM Sunset: 6:48 PM Daylight: 12 hours and 52 minutes.  |     |