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|  | October 2025 |
| Polmont, Scotland, United Kingdom |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 7:17 AM Sunset: 6:51 PM Daylight: 11 hours and 33 minutes.  | Sunrise: 7:19 AM Sunset: 6:48 PM Daylight: 11 hours and 29 minutes.  | Sunrise: 7:21 AM Sunset: 6:46 PM Daylight: 11 hours and 24 minutes.  | Sunrise: 7:23 AM Sunset: 6:43 PM Daylight: 11 hours and 20 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 7:25 AM Sunset: 6:41 PM Daylight: 11 hours and 15 minutes.  | Sunrise: 7:27 AM Sunset: 6:38 PM Daylight: 11 hours and 10 minutes.  | Sunrise: 7:29 AM Sunset: 6:35 PM Daylight: 11 hours and 6 minutes.  | Sunrise: 7:31 AM Sunset: 6:33 PM Daylight: 11 hours and 1 minute.  | Sunrise: 7:33 AM Sunset: 6:30 PM Daylight: 10 hours and 57 minutes.  | Sunrise: 7:35 AM Sunset: 6:28 PM Daylight: 10 hours and 52 minutes.  | Sunrise: 7:37 AM Sunset: 6:25 PM Daylight: 10 hours and 47 minutes.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 7:39 AM Sunset: 6:23 PM Daylight: 10 hours and 43 minutes.  | Sunrise: 7:41 AM Sunset: 6:20 PM Daylight: 10 hours and 38 minutes.  | Sunrise: 7:43 AM Sunset: 6:17 PM Daylight: 10 hours and 34 minutes.  | Sunrise: 7:45 AM Sunset: 6:15 PM Daylight: 10 hours and 29 minutes.  | Sunrise: 7:47 AM Sunset: 6:12 PM Daylight: 10 hours and 25 minutes.  | Sunrise: 7:49 AM Sunset: 6:10 PM Daylight: 10 hours and 20 minutes.  | Sunrise: 7:52 AM Sunset: 6:07 PM Daylight: 10 hours and 15 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 7:54 AM Sunset: 6:05 PM Daylight: 10 hours and 11 minutes.  | Sunrise: 7:56 AM Sunset: 6:03 PM Daylight: 10 hours and 6 minutes.  | Sunrise: 7:58 AM Sunset: 6:00 PM Daylight: 10 hours and 2 minutes.  | Sunrise: 8:00 AM Sunset: 5:58 PM Daylight: 9 hours and 57 minutes.  | Sunrise: 8:02 AM Sunset: 5:55 PM Daylight: 9 hours and 53 minutes.  | Sunrise: 8:04 AM Sunset: 5:53 PM Daylight: 9 hours and 48 minutes.  | Sunrise: 8:06 AM Sunset: 5:51 PM Daylight: 9 hours and 44 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 7:08 AM Sunset: 4:48 PM Daylight: 9 hours and 40 minutes.  | Sunrise: 7:10 AM Sunset: 4:46 PM Daylight: 9 hours and 35 minutes.  | Sunrise: 7:12 AM Sunset: 4:44 PM Daylight: 9 hours and 31 minutes.  | Sunrise: 7:15 AM Sunset: 4:41 PM Daylight: 9 hours and 26 minutes.  | Sunrise: 7:17 AM Sunset: 4:39 PM Daylight: 9 hours and 22 minutes.  | Sunrise: 7:19 AM Sunset: 4:37 PM Daylight: 9 hours and 18 minutes.  |     |