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|  | October 2025 |
| Spring Lake Heights, New Jersey, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   |   |   | 1  | 2  | 3  | 4  |
|     |     |     | Sunrise: 6:52 AM Sunset: 6:39 PM Daylight: 11 hours and 47 minutes.  | Sunrise: 6:53 AM Sunset: 6:37 PM Daylight: 11 hours and 44 minutes.  | Sunrise: 6:54 AM Sunset: 6:36 PM Daylight: 11 hours and 41 minutes.  | Sunrise: 6:55 AM Sunset: 6:34 PM Daylight: 11 hours and 39 minutes.  |
| 5  | 6  | 7  | 8  | 9  | 10  | 11  |
| Sunrise: 6:56 AM Sunset: 6:32 PM Daylight: 11 hours and 36 minutes.  | Sunrise: 6:57 AM Sunset: 6:31 PM Daylight: 11 hours and 34 minutes.  | Sunrise: 6:58 AM Sunset: 6:29 PM Daylight: 11 hours and 31 minutes.  | Sunrise: 6:59 AM Sunset: 6:28 PM Daylight: 11 hours and 28 minutes.  | Sunrise: 7:00 AM Sunset: 6:26 PM Daylight: 11 hours and 26 minutes.  | Sunrise: 7:01 AM Sunset: 6:24 PM Daylight: 11 hours and 23 minutes.  | Sunrise: 7:02 AM Sunset: 6:23 PM Daylight: 11 hours and 21 minutes.  |
| 12  | 13  | 14  | 15  | 16  | 17  | 18  |
| Sunrise: 7:03 AM Sunset: 6:21 PM Daylight: 11 hours and 18 minutes.  | Sunrise: 7:04 AM Sunset: 6:20 PM Daylight: 11 hours and 15 minutes.  | Sunrise: 7:05 AM Sunset: 6:18 PM Daylight: 11 hours and 13 minutes.  | Sunrise: 7:06 AM Sunset: 6:17 PM Daylight: 11 hours and 10 minutes.  | Sunrise: 7:07 AM Sunset: 6:15 PM Daylight: 11 hours and 8 minutes.  | Sunrise: 7:08 AM Sunset: 6:14 PM Daylight: 11 hours and 5 minutes.  | Sunrise: 7:09 AM Sunset: 6:12 PM Daylight: 11 hours and 3 minutes.  |
| 19  | 20  | 21  | 22  | 23  | 24  | 25  |
| Sunrise: 7:10 AM Sunset: 6:11 PM Daylight: 11 hours and 0 minutes.  | Sunrise: 7:11 AM Sunset: 6:09 PM Daylight: 10 hours and 58 minutes.  | Sunrise: 7:12 AM Sunset: 6:08 PM Daylight: 10 hours and 55 minutes.  | Sunrise: 7:14 AM Sunset: 6:07 PM Daylight: 10 hours and 53 minutes.  | Sunrise: 7:15 AM Sunset: 6:05 PM Daylight: 10 hours and 50 minutes.  | Sunrise: 7:16 AM Sunset: 6:04 PM Daylight: 10 hours and 48 minutes.  | Sunrise: 7:17 AM Sunset: 6:02 PM Daylight: 10 hours and 45 minutes.  |
| 26  | 27  | 28  | 29  | 30  | 31  |   |
| Sunrise: 7:18 AM Sunset: 6:01 PM Daylight: 10 hours and 43 minutes.  | Sunrise: 7:19 AM Sunset: 6:00 PM Daylight: 10 hours and 40 minutes.  | Sunrise: 7:20 AM Sunset: 5:59 PM Daylight: 10 hours and 38 minutes.  | Sunrise: 7:21 AM Sunset: 5:57 PM Daylight: 10 hours and 35 minutes.  | Sunrise: 7:22 AM Sunset: 5:56 PM Daylight: 10 hours and 33 minutes.  | Sunrise: 7:24 AM Sunset: 5:55 PM Daylight: 10 hours and 31 minutes.  |     |