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| --- | --- | --- | --- | --- | --- | --- |
|  | December 2025 | | | | | |
| Spring Lake Heights, New Jersey, United States | | | | | |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  | 1 | 2 | 3 | 4 | 5 | 6 |
|  | Sunrise: 6:58 AM  Sunset: 4:31 PM  Daylight: 9 hours and 32 minutes. | Sunrise: 6:59 AM  Sunset: 4:30 PM  Daylight: 9 hours and 30 minutes. | Sunrise: 7:00 AM  Sunset: 4:30 PM  Daylight: 9 hours and 29 minutes. | Sunrise: 7:01 AM  Sunset: 4:30 PM  Daylight: 9 hours and 28 minutes. | Sunrise: 7:02 AM  Sunset: 4:30 PM  Daylight: 9 hours and 27 minutes. | Sunrise: 7:03 AM  Sunset: 4:30 PM  Daylight: 9 hours and 26 minutes. |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| Sunrise: 7:04 AM  Sunset: 4:30 PM  Daylight: 9 hours and 25 minutes. | Sunrise: 7:05 AM  Sunset: 4:30 PM  Daylight: 9 hours and 24 minutes. | Sunrise: 7:06 AM  Sunset: 4:30 PM  Daylight: 9 hours and 23 minutes. | Sunrise: 7:07 AM  Sunset: 4:30 PM  Daylight: 9 hours and 22 minutes. | Sunrise: 7:08 AM  Sunset: 4:30 PM  Daylight: 9 hours and 22 minutes. | Sunrise: 7:08 AM  Sunset: 4:30 PM  Daylight: 9 hours and 21 minutes. | Sunrise: 7:09 AM  Sunset: 4:30 PM  Daylight: 9 hours and 21 minutes. |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| Sunrise: 7:10 AM  Sunset: 4:30 PM  Daylight: 9 hours and 20 minutes. | Sunrise: 7:11 AM  Sunset: 4:31 PM  Daylight: 9 hours and 20 minutes. | Sunrise: 7:11 AM  Sunset: 4:31 PM  Daylight: 9 hours and 19 minutes. | Sunrise: 7:12 AM  Sunset: 4:31 PM  Daylight: 9 hours and 19 minutes. | Sunrise: 7:13 AM  Sunset: 4:32 PM  Daylight: 9 hours and 18 minutes. | Sunrise: 7:13 AM  Sunset: 4:32 PM  Daylight: 9 hours and 18 minutes. | Sunrise: 7:14 AM  Sunset: 4:32 PM  Daylight: 9 hours and 18 minutes. |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| Sunrise: 7:14 AM  Sunset: 4:33 PM  Daylight: 9 hours and 18 minutes. | Sunrise: 7:15 AM  Sunset: 4:33 PM  Daylight: 9 hours and 18 minutes. | Sunrise: 7:15 AM  Sunset: 4:34 PM  Daylight: 9 hours and 18 minutes. | Sunrise: 7:16 AM  Sunset: 4:34 PM  Daylight: 9 hours and 18 minutes. | Sunrise: 7:16 AM  Sunset: 4:35 PM  Daylight: 9 hours and 18 minutes. | Sunrise: 7:16 AM  Sunset: 4:36 PM  Daylight: 9 hours and 19 minutes. | Sunrise: 7:17 AM  Sunset: 4:36 PM  Daylight: 9 hours and 19 minutes. |
| 28 | 29 | 30 | 31 |  |  |  |
| Sunrise: 7:17 AM  Sunset: 4:37 PM  Daylight: 9 hours and 19 minutes. | Sunrise: 7:17 AM  Sunset: 4:38 PM  Daylight: 9 hours and 20 minutes. | Sunrise: 7:18 AM  Sunset: 4:38 PM  Daylight: 9 hours and 20 minutes. | Sunrise: 7:18 AM  Sunset: 4:39 PM  Daylight: 9 hours and 21 minutes. |  |  |  |