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|  | December 2025 |
| Spring Lake Heights, New Jersey, United States |
| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday  |
|   | 1  | 2  | 3  | 4  | 5  | 6  |
|     | Sunrise: 6:58 AM Sunset: 4:31 PM Daylight: 9 hours and 32 minutes.  | Sunrise: 6:59 AM Sunset: 4:30 PM Daylight: 9 hours and 30 minutes.  | Sunrise: 7:00 AM Sunset: 4:30 PM Daylight: 9 hours and 29 minutes.  | Sunrise: 7:01 AM Sunset: 4:30 PM Daylight: 9 hours and 28 minutes.  | Sunrise: 7:02 AM Sunset: 4:30 PM Daylight: 9 hours and 27 minutes.  | Sunrise: 7:03 AM Sunset: 4:30 PM Daylight: 9 hours and 26 minutes.  |
| 7  | 8  | 9  | 10  | 11  | 12  | 13  |
| Sunrise: 7:04 AM Sunset: 4:30 PM Daylight: 9 hours and 25 minutes.  | Sunrise: 7:05 AM Sunset: 4:30 PM Daylight: 9 hours and 24 minutes.  | Sunrise: 7:06 AM Sunset: 4:30 PM Daylight: 9 hours and 23 minutes.  | Sunrise: 7:07 AM Sunset: 4:30 PM Daylight: 9 hours and 22 minutes.  | Sunrise: 7:08 AM Sunset: 4:30 PM Daylight: 9 hours and 22 minutes.  | Sunrise: 7:08 AM Sunset: 4:30 PM Daylight: 9 hours and 21 minutes.  | Sunrise: 7:09 AM Sunset: 4:30 PM Daylight: 9 hours and 21 minutes.  |
| 14  | 15  | 16  | 17  | 18  | 19  | 20  |
| Sunrise: 7:10 AM Sunset: 4:30 PM Daylight: 9 hours and 20 minutes.  | Sunrise: 7:11 AM Sunset: 4:31 PM Daylight: 9 hours and 20 minutes.  | Sunrise: 7:11 AM Sunset: 4:31 PM Daylight: 9 hours and 19 minutes.  | Sunrise: 7:12 AM Sunset: 4:31 PM Daylight: 9 hours and 19 minutes.  | Sunrise: 7:13 AM Sunset: 4:32 PM Daylight: 9 hours and 18 minutes.  | Sunrise: 7:13 AM Sunset: 4:32 PM Daylight: 9 hours and 18 minutes.  | Sunrise: 7:14 AM Sunset: 4:32 PM Daylight: 9 hours and 18 minutes.  |
| 21  | 22  | 23  | 24  | 25  | 26  | 27  |
| Sunrise: 7:14 AM Sunset: 4:33 PM Daylight: 9 hours and 18 minutes.  | Sunrise: 7:15 AM Sunset: 4:33 PM Daylight: 9 hours and 18 minutes.  | Sunrise: 7:15 AM Sunset: 4:34 PM Daylight: 9 hours and 18 minutes.  | Sunrise: 7:16 AM Sunset: 4:34 PM Daylight: 9 hours and 18 minutes.  | Sunrise: 7:16 AM Sunset: 4:35 PM Daylight: 9 hours and 18 minutes.  | Sunrise: 7:16 AM Sunset: 4:36 PM Daylight: 9 hours and 19 minutes.  | Sunrise: 7:17 AM Sunset: 4:36 PM Daylight: 9 hours and 19 minutes.  |
| 28  | 29  | 30  | 31  |   |   |   |
| Sunrise: 7:17 AM Sunset: 4:37 PM Daylight: 9 hours and 19 minutes.  | Sunrise: 7:17 AM Sunset: 4:38 PM Daylight: 9 hours and 20 minutes.  | Sunrise: 7:18 AM Sunset: 4:38 PM Daylight: 9 hours and 20 minutes.  | Sunrise: 7:18 AM Sunset: 4:39 PM Daylight: 9 hours and 21 minutes.  |     |     |     |