



May 2026

El Guante, Honduras

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| | | | | | 1 | 2 |
| | | | | | Sunrise: 5:26 AM Sunset: 6:05 PM Daylight: 12 hours and 39 minutes. | Sunrise: 5:25 AM Sunset: 6:05 PM Daylight: 12 hours and 39 minutes. |
| 3 | 4 | 5 | 6 | 7 | 8 | 9 |
| Sunrise: 5:25 AM Sunset: 6:05 PM Daylight: 12 hours and 40 minutes. | Sunrise: 5:24 AM Sunset: 6:05 PM Daylight: 12 hours and 41 minutes. | Sunrise: 5:24 AM Sunset: 6:06 PM Daylight: 12 hours and 41 minutes. | Sunrise: 5:23 AM Sunset: 6:06 PM Daylight: 12 hours and 42 minutes. | Sunrise: 5:23 AM Sunset: 6:06 PM Daylight: 12 hours and 43 minutes. | Sunrise: 5:23 AM Sunset: 6:06 PM Daylight: 12 hours and 43 minutes. | Sunrise: 5:22 AM Sunset: 6:07 PM Daylight: 12 hours and 44 minutes. |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| Sunrise: 5:22 AM Sunset: 6:07 PM Daylight: 12 hours and 44 minutes. | Sunrise: 5:22 AM Sunset: 6:07 PM Daylight: 12 hours and 45 minutes. | Sunrise: 5:21 AM Sunset: 6:07 PM Daylight: 12 hours and 46 minutes. | Sunrise: 5:21 AM Sunset: 6:08 PM Daylight: 12 hours and 46 minutes. | Sunrise: 5:21 AM Sunset: 6:08 PM Daylight: 12 hours and 47 minutes. | Sunrise: 5:20 AM Sunset: 6:08 PM Daylight: 12 hours and 47 minutes. | Sunrise: 5:20 AM Sunset: 6:09 PM Daylight: 12 hours and 48 minutes. |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| Sunrise: 5:20 AM Sunset: 6:09 PM Daylight: 12 hours and 49 minutes. | Sunrise: 5:20 AM Sunset: 6:09 PM Daylight: 12 hours and 49 minutes. | Sunrise: 5:19 AM Sunset: 6:09 PM Daylight: 12 hours and 50 minutes. | Sunrise: 5:19 AM Sunset: 6:10 PM Daylight: 12 hours and 50 minutes. | Sunrise: 5:19 AM Sunset: 6:10 PM Daylight: 12 hours and 51 minutes. | Sunrise: 5:19 AM Sunset: 6:10 PM Daylight: 12 hours and 51 minutes. | Sunrise: 5:19 AM Sunset: 6:11 PM Daylight: 12 hours and 52 minutes. |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| Sunrise: 5:18 AM Sunset: 6:11 PM Daylight: 12 hours and 52 minutes. | Sunrise: 5:18 AM Sunset: 6:11 PM Daylight: 12 hours and 52 minutes. | Sunrise: 5:18 AM Sunset: 6:12 PM Daylight: 12 hours and 53 minutes. | Sunrise: 5:18 AM Sunset: 6:12 PM Daylight: 12 hours and 53 minutes. | Sunrise: 5:18 AM Sunset: 6:12 PM Daylight: 12 hours and 54 minutes. | Sunrise: 5:18 AM Sunset: 6:13 PM Daylight: 12 hours and 54 minutes. | Sunrise: 5:18 AM Sunset: 6:13 PM Daylight: 12 hours and 54 minutes. |
| 31 | | | | | | |
| Sunrise: 5:18 AM Sunset: 6:13 PM Daylight: 12 hours and 55 minutes. | | | | | | |